Life in These Parts
Mel Kaneshiro's 61st birthday Bash
(Kanreki Ivai) (Excerpts from MC Tad Iwamura's humorous script)

"Mel—Up here I feel like Elizabeth Taylor's new husband on their wedding night. I know what I'm supposed to do, but how am I going to make it new and interesting. So, who else is better and more insightful to start with but his wife, Pat. So I asked her, 'What's good that I can say about Mel?' Her answer, 'Nothing.' But wait! there is one good thing I can say about him, he has learned well and says over and over — 'Pat, God heals, but I collect the fees.'

I respect Mel so much. He is a great doctor, a great diagnostician. Just the other day, in fact, I remember telling him about this puzzling case I had. The patient came to see me because the day before while sitting on the bench at Ala Moana Shopping Center, he'd knocked off his egg. I had to say a name woman walked by. I was puzzled about the diagnosis and mentioned it to him. 'Eh,' he said, 'try ask him if he could have swallowed his Xylocaine-cortisone shot."

Our party boy his name is Mel
And we all know he's really swell.
We came here to celebrate
Before he reaches the PEARLY Gate.

He has two kids and a wife named Pat,
No dog, no pony, no pussy cat.
He rules his house with an iron hand,
As long as Pat says he can.

He's a VP of our Medical Staff,
To lead us fore, we hope not aft.
So Mel, listen to this good advice
We don't want to say it twice.

On this evening of your KANREKI
This is how your estate should be.
Forget—KODOMO NO TAME NI
Leave all your money to Kuakini.

Estate Planning Rap (Modified) with apologies

Thyroid Cancer Rate
Hawaii has the highest thyroid cancer rate in the nation which may be related to our high volcanic activity. Our thyroid cancer rate is on par with New Zealand and Iceland which also have volcanic activity. Queen's Marc Coel suggests that patients have their thyroid glands checked because thyroid cancer is highly curable.

Giving the Gift of a Lifetime
Eighty seven years old Walter Chotzen, retired business man, poet, writer of short stories and gentle soul released his dying body to the "Willed Body Program" of the UH Medical School. Ad- vertiser medical writer Beverly Creamer describes Walter's poignant meeting with the young medical students. His son Daniel read aloud one of his father's poems.

"Mourn me not, my children...
The flesh has returned to my...
beloved earth whence it came...
All existence is flow and I am...
of the river.
As you are touched by the...
winds of Life, rejoice...
I am caressing you."

This Mysterious Universe
A 67-year-old Asian male developed a severe Rt subacromial bursitis overnight. He found a chiropractor in the yellow pages who had him stand in front and throw imaginary bolts of energy with hand gestures at the affected joint. When the patient questioned the beguiling therapy, the "doctor" explained that there was energy imbalance and that he was restoring the energy balance with bolts of energy. The bewildered patient decided against the 12 treatment program at $30 per visit and opted for a single physician administered Xylocaine-cortisone shot.

Making Miracles, Changing Lives
By Don Chapman, MidWeek, July 19, 1998 (Excerpts therefrom)
Transplant surgeon Linda Wong remembers the moment she knew she wanted to do transplants. "It hit home at the end of my fellowship in San Francisco. There was this young girl, and when they brought her in she was in a coma. She was on a respirator, and had all these tubes and catheters in her. She was totally unresponsive. She was bleeding; all sorts of bad things were happening. Meanwhile, the transplant team found a matching donor in New Mexico, so they sent me on a jet to Albuquerque. It was a couple of hours down, then do the operation to remove the donor liver, a couple of hours back. And then I helped the team put this liver in for four or five hours, took her to the recovery room, and to the intensive care unit. I was totally exhausted; it had been 18 hours of running around and surgery. Then I went home and slept for four hours. When I came back, she was up and watching the Flintstones on TV and all the tubes were out. I mean, this is a girl who was going to die in a day and she was up and smiling. It was exciting. Liver patients are on the brink of death, and you bring them back. I remember thinking it was just the worst thing..."

(Linda's dad is transplant surgeon, Livingston Wong and mom is internist Rose Wong).

Physician Moves
July: Richard Sakimoto retired after practicing OB-GYN for 60 years.
August: Charles Ushijima announced the opening of his new practice in OB-GYN at Queens, POB I.
September: KMC Director of Laboratories, pathologist Frank Fukunaga who started at Kuakini in 1964 retired. Kent K. Kumashiro, specializing in pediatrics joined Hilo Medical Associates at 73 Pu'uhonu Place, Hilo

Letters to the Editor
"HMSA's plan to grade doctors and then financially reward them is both misguided and arrogant."
Dr. Linda Lambert, Calgary

The poor things—they were mere shadows of that grand old fountain of surgical wisdom, Bailey and Love’s Textbook of Surgery. In the last weeks before finals, my imagination boggled. And this applied to our textbooks. Take for example, that grand old fountain of surgical wisdom, Bailey and Love’s Textbook of Surgery. In the last weeks before finals, my imaginations boggled. And this applied to our textbooks.

Edward W. Ko, MBA, CPA

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Cranial Emissions

The elderly woman stared at the psychiatrist and me (a psychologist) disbelievingly. Her family doctor had sent her to us for evaluating Alzheimer’s. She had a history of hypertension so we felt it might be a vascular problem and the studies supported multi-infarct dementia.

We were meeting with the patient to give her our impression. Unfortunately her family members were invited, but she had come alone. The psychiatrist presented the information logically and clearly, but we had a sneaky suspicion that the vocabulary was over the head of the patient.

I accompanied her back to the waiting room, and I asked for her impression of the meeting.

“I don’t think that doctor knows what he’s talking about!”

“It’s ridiculous,” she continued. “The very idea of saying I have a fart on my brain!”

Dorothy Cotton, Kingston, Ont.

Conference Notes

“New Strategies for Achieving Metabolic Control in Type 2 Diabetes” (Extracted from a July 28, 1998 lecture by Michael Bornemann, MD, FACP and Scott Hashimoto Pharm D)

Classification DM

- Type I
- Type II
- Secondary Diabetes
  - Type 1.5
    - MODY (Maturity Onset DM in youth)
    - LADA (Latent autoimmune DM in adults)
  - STERNE: obese teenagers, acanthosis
  - MIN (mixed IDDM, NIDDM)
  - SPIDDM (Slowly progressive IDDM)

Type II
Hyperglycemic 4-7 years prior to Dx; may already have complications when dxed

Type I
Seldom have complications at presentation; start screening 5 years after presentation

Islet cell antibodies, glutamic dehydrogenase antibodies, C-Peptide.

Algorithm for Treatment Type II

Therapeutic Agents
- Oral Agents: (Consider obesity, lipids, renal/hepatic diseases, symptoms)
  - **Low blood sugar**
    - Metaformin
    - Troglitazone
    - Prandin
    - Acarbose
  - **High blood sugar**
    - Sulfonylureas plus above (&/or insulin)
- Insulin
  - **Therapeutic Options**
    - BID regimen
      - Bedtime Insulin, Daytime sulfonylurea
    - BIDS Variations
      - Other oral agents (Troglitazone, metformin, prandin, acarbose)

70/30 insulin at dinner for obese pts
- Insulin only
  - NPH qd or bid
  - 70/30 bid
  - NPH (Humalog bid)
  - Ultralente/Humalog
- Insulin and Atherogenicity

* Add metformin, sulfonylureas, discontinues insulin (Success: insulin usage < 0.8 U/kg, BMI < 34, short duration of insulin usage)
- Troglitazone

Classified Notices

To place a classified notice:

HMA members—Please send a signed and type-written ad to the HMA office. As a benefit of membership, HMA members may place a complimentary one-time classified ad in HMA as space is available.

Nonmembers—Please call 536-7702 for a non-member form. Rates are $1.50 a word with a minimum of 20 words or $30. Not commissionable. Payment must accompany written order.

For Sale


For Sale—Office furniture including desk, chair, cabinets, & files. Call 533-3368.

Locum Tenens Available


Locum Tenens available.—Board-certified Family Practice, 14 yrs clinical experience in Hawaii. Office coverage, Deborah C. Love MD; home Oahu: (808) 637-8611; cel ph: (808) 295-2770.

Misc.

Mask & Glove Relief.—Sensitivity barrier gel reduces irritation from latex, nitrile, polyethylene face masks & gloves. Free evaluation sample to USA physicians (1 per office). Sahara Cosmetics Oahu 808-735-8081, USA toll free 1-877-260-2020, record complete delivery address.

Office Space

Pearl City Business Plaza.—Tenant Improvement Allowances for Long Leases: 680+ sq ft; 24 hr security; free tenant/customer pkg; Gifford Chang 581-8853 DP, 593-9776, 531-3526.

St. Francis Outpatient Bldg.—Office space in beautiful new building at St. Francis Medical Center in Liliha. Up to 2200 sq ft available, including large procedure room. Contact Tina Pai at 944-8884.

Ali Moana Bldg.—Small group practice seeks additional physician(s) to share space and support services. Must have strong interest in physical rehabilitation. Time-share arrangements, available from half-day to full week. Contact administrator, Rehabilitation Associates, 955-7244.