
Pain Resources for the Hawaii Practitioner

Hob Osterlund, RN, MS, CHTP

Clinical Coordinator, Pain Management Services, The Queen's Medical Center

Pain management is often complex and always multifactorial. Culture, emotional state and previous pain experiences all play a part in a person's response to a painful stimulus. Since these and many other factors are difficult to predict and measure, the practitioner is often left with confusion as to the best treatment option. Access to education is one key to optimal choices. If the practitioner has had minimal exposure to current principals in cancer pain management, for example, he or she may still have concerns about the patient's potential for drug habituation. The debate over use of opiates in chronic nonmalignant pain may leave the practitioner in an "either/or" mindset, uncertain how to individuate pain management specifically for each patient. Resources for the Hawaii practitioner are listed in an attempt to support skilled pain management in Hawaii.

Home Infusion Agencies

Home Care Hawaii, LLP

Home pain management infusions
All islands:, 677-1288

Infusion Services of Maui

Home pain management infusions
Maui: 871-5894

Intravenous Therapy Specialists (ITS)

Home pain management infusions
All islands: 836-0365

Kuakini Infusion Service

Home pain management infusions
Oahu: 547-9456

Pharmacare

Home pain management infusions
All islands: 488-9446

Wailuku Professional Pharmacy

Home pain management infusions
Maui: 244-9099

Hospices

Hawaii State Hospice Network

Stephen A. Kula
924-9255

Hospice Hawaii

At-home and inpatient hospice pain consultations
Barbara Shirland, RN, CRNH
Oahu: 924-9255

Hospice of Hilo

At-home hospice pain consultations
Brenda Ho
Hawaii: 969-1733

Hospice of Kona

At-home hospice pain consultations
Ellen Schumann, RN,C
Hawaii: 334-0334

Hospice Maui, Inc.

At-home hospice pain consultations
Gregory LaGoy, ND
Maui: 244-5555

Kauai Hospice

At-home hospice pain consultations
Kathleen Boyle
Kauai: 245-7277

North Hawaii Hospice

At-home hospice pain consultations
Nancy Bouvet
Hawaii: 885-7547

St. Francis Hospice

At-home and inpatient hospice pain consultations
Pat Kalua, RN, BSN, MAOM
Oahu: 595-7566

Medical Centers

Kaiser Medical Center

Inpatient and outpatient consultations
Joe Pepping, Pharm.D.
834-9190

Kapiolani Medical Center for Women and Children

Inpatient and outpatient consultations
Alan Britten, MD
Chair, Pain Management Team
973-8597

St. Francis Medical Center

Inpatient consultations

Amy Krueger, RN, MSN, FNP
547-6109

St. Francis Medical Center West

Clifton Liu, Pharm.D.
678-7035

Straub Clinic and Hospital

Anesthetic approaches to malignant and non-malignant pain, Jerry Prentiss, MD
Neurosurgical approaches to malignant and non-malignant pain, Yoshio Hosobuchi, MD
522-4000

The Queen's Medical Center

Inpatient consultations

Jeffrey S. Wang, MD, Medical Director
Hob Osterlund, RN, MS, CHTP, Clinical Coordinator, Pain Management Services
Lydia Kumasaka, RN, MS, Clinical Nurse Specialist

Joan Maeshiro, RN, Instructor
Lynn Kobashigawa, RN, Instructor
547-4726

Tripler Army Medical Center

Inpatient and outpatient consultations
Lynn Dahl, MD
433-1323
Inpatient pain management nurses
549-5667 (beeper)

Speciality Services

Cancer Information Service

Source of latest information regarding pain management for professionals and lay public, supportive care clinical trial and protocol searches, outreach for programs to the medically underserved
1-800-4-CANCER

Hawaii Cancer Pain Initiative

Speakers' Bureau for professional and lay cancer pain education
Barbara Shirland, RN, CRNH
Chair, Executive Council
924-9255

State Narcotics Enforcement Division

Information about legal guidelines, Uniform Controlled Substance Act, licensing, suspected drug-seeking behavior, pharmacy alerts

Keith Kamita
594-0150

Publications and Organizations

Agency for Health Care Policy and Research (AHCPR) publications:

Acute Pain Management in Adults:
Operative Procedures (AHCPR92-0019)
Acute Low Back Problems in Adults
(AHCPR95-0642)
Management of Cancer Pain
(AHCPR94-0592)
Managing Cancer Pain:
Patient Guide (AHCPR94-0595)
Pain Control After Surgery:
A Patient's Guide (AHCPR92-0021)

AHCPR Publications Clearinghouse
P.O. Box 8547
Silver Spring, MD 20907-8547
800-358-9295

Alternative Therapies in Health and Medicine

Innovision Communications
101 Columbia
Aliso Viejo, CA 92656

American Academy of Hospice and Palliative Medicine

P.O. Box 14228
Gainesville, FL 32604
(352)377-8900
(352)371-2349 Fax
aahpm@aahpm.org
web: www.aahpm.org

American Academy of Pain Management

13947 Mono Way #A
Sonora, CA 95370
209-533-9744

Annual certification examination in pain management

Recommended text for examination:

Pain Management: A Practical Guide for Clinicians
Volume I and II
St. Lucie Press
561-994-0555
information@slpress.com

American Journal of Hospice and Palliative Care

Prime National Publishing Corp.
470 Boston Post Rd.
Weston, MA 02193
800-869-2700

American Pain Society (APS) Publication: Principles of Analgesic Use in the Treatment of Acute Pain and Cancer Pain (handbook)

American Pain Society
4700 W. Lake Ave.
Glenview, IL 60025
708-375-4715

American Society of Pain Management Nurses (ASPMN)

7794 Grow Drive
Pensacola, Florida 32514
(888)34ASPMN
(850)484-8762 Fax
ASPMN@aol.com

Analgesia: A Journal of Pain Therapy for Health Care Professionals

Abbott Laboratories
200 Abbott Park Road
Abbott Park, Illinois 60064
Complementary Medicine for the Physician
Churchill Livingstone, Inc.
650 Avenue of the Americas
New York, NY 10011
800-553-5426

International Association for the Study of Pain

909 NE 43rd St. #306
Seattle, WA 98105
(206)547-6409

Journal of Pain and Symptom Management

Elsevier Science, Inc.
655 Avenue of the Americas
New York, NY 10010
888-437-4636

Pain: The Journal of the International Association for the Study of Pain

Elsevier Science Publishers B.V.

P.O. Box 211
1000 AE Amsterdam
Netherlands
nlinfo-f@elsevier.nl

Palliative Care Newsletter

Roxane Laboratories
PO Box 16532
Columbus, Ohio 43216
614-276-4000 ext 2287
614-276-8061 fax

Resources on the Internet

Agency for Healthcare Policy and Research

Lists various resources on pain and cancer pain

<http://www.ahrp.gov/cgi-bin/allsrch.pl>
[Http://www.ahrp.gov/\(HOME PAGE\)](http://www.ahrp.gov/(HOME PAGE))

American Cancer Society, National Cancer Institute

Questions and answers about pain control

<http://nysernet.org/bcic/nci/adult.pain.4518/pain.control.html>

Roxane Pain Institute

Educational materials on cancer and AIDS pain management

<http://www.Roxane.COM/Roxane/PRI>

The International Association for the Study of Pain

Dictionary of pain terminology; outline for curriculum on pain in medical schools

<http://weber.u.washington.edu/~crc?iasp.html>

University of Iowa College of Nursing

Cancer pain education for patients and families

<http://coninfo.nursing.uiowa.edu/www/nursing/virtnurs/cncrpain/toc.html>

Worldwide Congress on Pain

Pain management educational web site

www.pain.com