Life in These Parts
Directory Numbers Speak for Themselves
(by Robert Kraus)

Nuggets from the 1996 edition Yellow Pages

Attorneys 72 pages; Physicians 58 pages; Automobiles 51 pages; Dentists 27 pages; Contractors 17 pages and Computers 16 pages.

Leading Families

Lees, 25 columns; Wongs, 20-1/2 columns, Kims, 14 columns; Youngs, 12-2/3 columns; Chars, 12-1/4 columns; Chans and Smiths, 10-1/2 columns; Chings, 9 columns; Laus, 8 w/3 columns; Lums and Nakamuras, 8 columns each.

New Isle Health Plans on the Horizon

Robert Nickel, HMSA VP for Integrated Delivery Systems, announced that the following health plans are being developed: (viz HMO’s formed by hospital systems with HMSA as insurer)

• The Kapiolani Health Hawaii Network (Kapiolani hospital & HMSA)
• Kuakini Medical Center, the two St. Francis hospitals, Castle hospital & HMSA
• Queens Medical Center, the Queen Physicians group & HMSA
• Straub Clinic & Hospital

Fred Fortin; HMSA assistant VP for community relations comments; “Whether all the new groups will be able to compete effectively remains to be seen. Within the flurry of networks being formed, employers will have a wide selection of health plans.”

Bob Nickel explains, “Kaiser, the grandfather of HMO’s is a fully integrated service. The other organizations may be one step up from fee for service programs or somewhere in the middle.”

Kim Thorburn’s Departure

“We are sorry to hear that Dr Kim Thorburn, Hawaii’s chief prison doctor, will be stepping down. With Thorburn’s departure, the need for vigilance in inmate health care will, if anything, increase. We hope the department is committed to finding a replacement who is as dedicated to inmate health care.”

(From Advertiser editorial April 9)

Kim was forthright: “I have been extremely troubled to be associated with a department whose administration condoned abusive treatment that was tantamount to torture.”

Medical Missionary

(Abstracts from Honolulu Magazine Mar ’96)

Likeable Dick Frankel is medical director of Queen Emma Clinic and professor of medicine, John Burns Medical School. He is also consultant to WHO on Hansen’s disease and tuberculosis, which requires traveling to China, the Philippines, Malaysia, Tonga, New Guinea, the Solomon Islands and more.

“The traveling is arduous. Endless kidney jostling truck trips into areas plagued by gunfire as by tuberculosis, this seasoned traveler has learned all the tricks, even to maintaining a vegetarian life style in places where getting meat for meal is cause for celebration. Says Dr Frankel with a grin, “I always carry jars of peanut butter and jelly.”

Outcry from the Inferno (Shura Kyokan)

Physician-author Jiro Nakano scores again with an anthology (translations of 100 agonizing Tanka written by survivors of the Hiroshima holocaust) Jiro, former Hilo-UH Med School physician is currently director of the International Division of...
Kobe Kaisei Hospital and personally witnessed these Hibakusha. ($10—Bamboo Publishers)

Potpourri

"Have you ever had any accidents?" the insurance agent asked the cowboy.

"Nope," the wrangler replied, "though a bronco kicked in two of my ribs last year, a bull gorged me awhile back and I sprained my shoulder when my horse threw me."

"Wouldn't you call those accidents?"

"Naw. They did it on purpose."

Playboy Party Jokes (May '96)

Conference Notes

Male Erectile Dysfunction

Lecture by Robert Kessler Stanford Professor of Urology at QMC-UH Friday morning March 31, 1995.

What is impotence?

"Inability to achieve and maintain an erection adequate for vaginal penetration for mutual satisfaction."

Prevalence

1.9% at age 40; 25% at age 60; much higher in certain diseases. "Let's have a show of hands: How many of you are impotent? Can't get your hands up either?"

Neurotransmitters

• Acetylcholine
• Catecholamines
• VIP
• Prostaglandins
• Endothelial derived substance

Neurogenic

Psychogenic: T12-L1
• Sympathetic
• Olfactory
Reflexogenic: S2-S4
• Parasympathetic
• Direct stimulation: penis, bladder, rectum

Hemodynamics: 6 phases

Frequency of Sex

20s—tri weekly
40s—try weekly
60s—try weekly
70s—try anything

Categories of Impotence

• Psychogenic
• Organic
• Mixed

Evaluation of Impotent Male

• History: definition; progression; other factors during progression; present level

Treatment Options

• Sexual counseling
• Hormonal Therapy
• PEP (Pharmacologic Erection Programs)
• Vascular surgery
• Vacuum Devices

*Tests for Vascular Integrity
Penile: Brachial Index; arteriography; doppler sonography.

Endocrine Disorders

5% of total
• Hyperprolectanemia
• Hyperthyroidism
• Hypothyroidism
• Cushings Syndrome
• Uremia
• Diabetes: 2-5 times greater; 30% Type I by age 30 (due to vascular rather than neurogenic cause) No hormonal changes
• Medications: Antihypertensive drugs (but not ACE and calcium channel blockers)

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Physical Exam
• Diagnostic Tests

Lab studies
• blood sugar
• serum testosterone
• serum prolactin etc.

Other Studies
• NPT
• Penile BP
• Nerve conduction
• Cavernosograms
• Angiographic
• Neurologic Impotence
  - 10 to 20% thought to be neurologic
  - History: Diabetes; trauma; surgical trauma; MS; tumors

*PEP
Papaverine; PGE1; Phentolamine

*Penile Implants
1936; rib stent; 70's silicone inflatable