Life in These Parts
A $1.17 million grant was awarded to the John Burns School of Medicine and Ke Ola O Hawai‘i, a community based multiprofessional training program. The grant came from the Health Resources & Services Administration of the U.S. Dept. of Health & Human Services and will go for operation of the Statewide Area Health Education Centers (per Senator Inouye)

Straub medici Lawrence Levin makes music on the mandolin and guitar with the Irish Hearts Band at O’Toole’s downtown.
(Eddie Sherman Mid Week Jul 15)

Three years ago, a mandatory retirement age of 65 forced world renown stroke researcher and neurosurgeon Bo K Siesjo at Sweden’s University of Lund to come to Queen’s Neuroscietific Institute with his research team of seven and $600,000 in National Institute of Health funds. Medical director of QMC Neuroscience Institute Marek Mirski describes Siesjo as “a stroke researcher at the very top of the game...practically a Nobel laureate...He’s a giant.” Rather than the “10 to 15 drugs in clinical trial for strokes” which will have marginal effect on stroke management, Bo’s lab is working on a new generation of nontoxic drugs which would block calcium influx into cells before they die.

Honored, Elected & Appointed
New Straub Chief of Staff: Roy Adaniya, pulmonologist, was appointed chief of staff replacing Robert Flair who resigned after serving 22 years.
New Straub COO Gordon Yenokida, is board certified in internal medicine, pulmonary medicine and critical care medicine and board eligible in allergy and immunology. Gordon was medical director of the Bakersfield California Family Medical Center where he directed a 130 physician primary care system, a 75 member IPA and a specialty network of 245 physicians.

Straub oncologist Reuben Guerrero, is the new president of the Philippine Medical Association. Internist-endocrinologist Leonard Krystin has joined the Joslin Center for Diabetes at Straub as medical director.

Miscellany
Q. What do Viagra and Disney World have in common?
A. They both make you wait an hour for a 3 minute ride.
(As told by Pfizer Rep, J. Pang)

During the height of the Middle East crisis, the Israeli President invited the Pope to play a round of golf while they settled the pressing issues. The Pope assembled his Cardinals to find a golfer among them to represent him. But none played golf. Someone suggested that Jack Nicholas was a good Catholic. Why couldn’t they make him a cardinal and represent the Pope. So the matter was settled...

Cardinal Nicholas reported back to the Pope after his trip. “Sir I never played better golf, but I lost by 3 strokes to a Rabbi Woods.”
(Contributed by another Pfizer rep Mark Mertz)

Waiter to customers: “I’m sorry, but your managed care organization required us to substitute the fish for prime rib.”
(Funny Times)

Overheard: “It’s so cold this winter that I saw a lawyer with his hands in his own pockets.”
(Late Night with Conan O’Brien)

Definition of a true music lover: “A man who, if he hears a woman singing in a shower, puts his ear to the hole.”
(General Features)

Letters to the Editor
(Advertiser Apr 28)

“Hawaii is an interesting place to live. To look at the admissions records of Kamehameha Schools, one needs a court order. Yet HMSA may look at one’s medical records (which are more likely to contain private information) at its whim at any time and without your knowledge if you have been a HMSA member.

Yes, Hawaii is an interesting place to live.”
Walter Young MD

Notable Omission re the Late Maurice S. Sullivan Contributions:
“The Cancer Research Centers of Hawaii also was a recipient of the immense generosity of Sully and his family.

In 1997, the Center received a $1 million endowment for M.S. Sullivan Family Chair in Cancer Research

Through this generous donation, we were able to attract Dr Thomas Vogt to become first holder of the chair.”
Brian F. Issell MD
Director, Cancer Research Center of Hawaii

Medical Tidbits
Q. Tennis player would like to get a little quicker on his feet. He has tried swimming and jogging and endurance is better, but his speed isn’t.
A. Plain running doesn’t help tennis players or any other athlete who requires rapid stop and start motions. You need to increase strength and stimulate the fast twitch muscle fibers. You can increase your strength and power by doing weights. A good exercise is high speed peddling on a stationary bicycle. The key is rapid revolutions per minute. This would preferentially stimulate the fast twitch muscle fibers.

Dr. Fitness (Chet Nisenberg)
Advertiser Mar 15

Botulism Derivative used as Wrinkle Remover
More than 65,000 people were injected with botulinum toxin type A in 1997 per American Society for Aesthetic Plastic Surgery. Honolulu dermatologist and cosmetic surgeon Gregory Herlich has used botox in more than 100 patients in the past two years to reduce crow’s feet and frown lines.

Oncology Conference. Thinner is Better
A 73-year-old oriental man with GI sy’s had a sub total gastrectomy for Ca in Situ. Moderator Ken Sumida asked surgeon Junji Machi (originally from Japan) what he thought about the survival of gastric Ca.

Junji was up-beat. In Japan we have good postop results because patients are thin and extensive lymph node dissection is possible. In Hawaii, the Japanese patients are more obese and node dissection is more difficult. So the outcome is intermediate. In Pennsylvania where I trained, the patients were most obese and node dissection was even more difficult.

Oncologist Kaye Kawahara was curious: Do all gastric Ca patients in Japan get oral 5 FU?
Junji: Everyone gets 5 FU. Mucosal CA has 90% survival and overall survival is 50%.

Radiologist Kanemori was dismal: In the U.S. survival is 10% depending on the stage.

Potpourri
The patient was lying in bed, still groggy from the effects of the recent surgery. The doctor came in, looking very glum.
“I can’t be sure what’s wrong with you,” the doctor said. “I think it’s the drinking.”
“Okay,” the patient said. “Can we get an opinion from a doctor who’s sober?”

“I’m so worried,” the nervous patient said as the nurse plumped up his pillows.
“Last week, I read about a man who was in the hospital because of heart trouble and he died of malaria.”

“Relax,” the nurse said, smiling. “This is a first rate hospital. When we treat someone for heart trouble, he dies of heart trouble.”

On a stifling hot day, a man fainted in the middle of a busy intersection. As traffic began to pile up in all directions, a woman rushed to help him. As she knelt down to loosen his collar, a man emerged from the crowd, pushed her aside, and said, “It’s all right, honey. I’ve had a course in first aid.”

She stood up and watched as he took the man’s pulse and prepared to administer artificial respiration. Then she tapped him on the shoulder.

“When you get to the part about calling a doctor,” she said, “I’m already here.”

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Conference Notes
Acute Exacerbations of Chronic Bronchitis
Lecture by VP Ronald Grossman, Prof Medicine, Univ. of Toronto, Ontario, Canada: QMC, Fri am, July 31

Chronic Bronchitis:
Clinical dx: excessive cough, productive, lasting 3 mos to 2 years.
Risk factors: smoking, dust, air pollutants
Cost: $14 x 10^6 physician visits/yr in U.S.

Classification of Chronic Bronchitis:
Class I
Acute tracheobronchitis
Criteria or Risk Factors:
No underlying disease
Pathogens:
Usually virus
Treatment:
1st: None unless sy’s persist
2nd: Amoxicillin or macrolide

Class II
Chronic bronchitis
Criteria or Risk Factors:
FEV_1 > 50%
† sputum vol or purulence
Pathogens:
H. Flu
M. Catarhalis
S. Pneumoniae
Treatment:
1st: Amoxicillin or Cipro (if H. Flu prevalence)
2nd: Cipro, Augmentin or macrolide, tetracycline, or trimet/sulfa

Class III
Chronic bronchitis c complications
Criteria or Risk Factors:
FEV_1 < 50% † sputum vol & purulence; elderly, or comorbidity
Pathogens:
Same as Class II
Also K. pneumoaniae
P. aeruginosa, other gm neg
Treatment:
1st: Cipro
2nd: 3rd gen cephalosporin, Augmentin, or Zithromax

Class IV
Chronic bronchial infection
Criteria or Risk Factors:
Same as Class III plus yr long production purulent sputum
Pathogens:
Same as Class III
Treatment:
1st: High dose Cipro or parenteral Cipro; Imipenem-clastatin or ceftazidime followed by high dose Cipro