Grace Caligtan

From: Grace Caligtan
Sent: Thursday, January 16, 2003 4:53 PM
To: [Redacted]
Subject: Urban Babaylan's first full moon gathering

URBAN BABAYLAN

Yes, my sistahs it's happening!
The first ever urban babaylan full moon gathering and potluck
January 18, 2003, 6:00 p.m.

Join other pinay sistah-seekers on their path to wholeness and connection to spirit:
Come to this initial exploratory meeting and gather with other woman
of the filipino diaspora in a full moon meditation circle.

circle format:
Check in and introductions:
What is a babaylan? Is she me?
Opening period of grounding, centering, and meditation
Blessing and food
Talk-story
Closing ritual

"While women are often polarized by society into being either angels or whores, homemakers or public figures, aggressive bitches or the sweet girl-next-door, the female babaylan transcends these crude extremes by inhabiting a world of connection and balance: she is the primary mediator between the spirit world and the human world-- inextricably connected with the earth and earthly beings while also existing on a spiritual level, above and beyond that of her earthly consorts. The babaylan is a public leader through her nurturing powers; she "safeguards the psychic equilibrium" of her community by ensuring that the deceased are honored and consulted, the sick are cured, and future catastrophes are predicted and thereby prevented." from BABAYLAN RISING by Aimee Suzara