Marianas Variety

News & Views

WEEKLY NEWSPAPER PUBLISHED ON SAIPAN M.I.

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Saipan Municipal Government Monies Embezzled?

SAIPAN -- An examination of the Saipan Municipal Government's accounts as of June 30, 1976, has revealed evidence of "defalcation" (embezzlement), which the accountants said would require further investigation. Six months later, however, the additional investigation still has not been carried

A financial statement issued by the firm Palmer, Wiggs &

public accountants, on September 21, 1976, stated that "during our examination we uncovered evidence of defalcation, the aggregate amount of which is currently unknown, relating to the collection of certain taxes and fees."

Mayor Luis Benavente took office last June (1976) and reportedly both he and the thenaccountant for . the Municipal Government,

became aware of the financial problems shortly after Benavente took office.

Cruz resigned pursue his private business interests last September.

Asked to comment on the situation, Mayor Benavente told the Variety that amount discovered was about \$5,000, but that if an audit took place, the figure could go as high as \$20,000.

Mayor Benavente explained that in the past, receipts issued by the Municipal office staft were not numbered, so it could be easy to duplicate or destroy such re-

ceipts any time. Today, he added, all receipts are pre-numbered and distributed to the pertinent departments for accurate account.

For example, Benavente said, in past Con't on page 9



Tow cars collided, six persons injured. (see story on page 3)

Attorney Suspended From TT Practice

Eve Terzich Staff Writer

attorney and former Defender, Benjamin M. Abrams, was suspended for three years from practicing law in the Trust Territory, according to court records.

Following alleged misconduct during a court trial in Truk on October 8, 1975, Abrams, who works in private practice in Guam, was the subject of an investigation by the Chief Justice.

Court sources said that the investigation resulted in the formation of a disciplinary panel composed of Judges Hefner, Burnett and Brown. An "in camera" hearing was held by the panel on February 1, 1977, substantiated by Title 5, Section 2, Subsection (2) of the Trust Territory Code. Title 5 grants the

SAIPAN - A private High Court of the Trust Territory the assistant of the Trust authority to admit Territory P u b 1 i c attorneys to practice within the Trust Territory and to discipline them, as laid out in the official guidelines, Disciplinary Rules and Procedures for Attorneys Practicing in Trust Territory.

Covered under Disciplinary Case No. 1-76, Abrams is reputed to have represented clients with conflicting interests, to have twice recommended himself for employment and to have accepted that employment, to have given a false statement to the court regarding that employment, and to have violated his oath as an attorney in the Trust Territory.

The results of the hearing found Mr. Abrams to be guilty of all counts but one of solicitation and he was subsequently suspended from practicing in the Trust Territory for 3 years, according to David W. Lowe, counsel to the disciplinary panel. The suspension has been stayed on condition that Abrams be put on probation for that same period of time under certain terms and conditions, and that within 10 days of the hearing, he notify all places where he is admitted to practice of the outcome of the hearing. He is also requested to take a professional ethics examination, Lowe added.

According to court records, Mr. Abrams has filed a civil law suit against the Trust Territory High Court disciplinary seeking that the panel and its officers be restrained from enforcing the order, and that the order be declared void.

CAB Denies Pan Am Request

temporary the Japanese Governby the Civil Aeronautics Board.

The board said it denied the request because it could jeorights.

Continental originally announced it expected to begin flying between Saipn and Tokyo last August but by next week.

It has yet to get SAIPAN, (MNS)---Pan landing rights. The American World Airways' Japanese Government request to provide has cited space proservice blems at Tokyo's between Saipan and Haneda Airport as the Tokyo until Continen- reason for the delay tal Airlines gets and has made the route landing rights from an issue in the bilateral talks bement has been denied tween the Japanese and American governments over transpacific routes.

According to Jerry Bennett, State Departpardize U.S.-Japan ment representative on talks on the landing S a i p a n, bilateral talks between the U.S. and Japan began this week in Washington. The result of the talks will be announced

MEWSPAPER MACKS

COM, Palau Reply To Cecil-Cyrus Invitation

Abby Brown Staff Writer

SAIPAN -- In as carefully phrased diplomatic language as the U.S. letter of invitation, the Congress of Micronesia (COM) presiding officers have told the U.S. Secretaries of State and Interior that they "welcome the opportunity to continue discussions of our relationship...."

The letter was not an outright acceptance, however, because Senate President Tosiwo Nakayama and House Speaker Bethwel Henry went to tell the U.S. leaders, "It would facilitate our consideration of your invitation and our preparation for the meeting" to know the

subjects the United States desires to discuss."

The Micronesians also asked to know the names and titles of the U.S. representatives to the meeting "prior to selecting our representatives."

The U.S. invitation, received March 5 from Secretary of State Cyrus Vance and Secretary of the Interior Cecil Andrus, proposed an informal meeting in Washington in late spring U.S. and Micronesian representatives on U.S.-Micronesian relations and "how best to proceed with political status negotiations."

The letter also reminded Vance and Andrus that the "Commission on Future Poli-

tical Status and Transition is the only legally authorized and mandated body to engage in ... status negotiations with the U.S. Government and that Micronesian representatives to the proposed meeting will have no authority to conduct negotiations on the status...."

Commission chairman Andon Amaraich was not an addressæ of the U.S. invitation, which went to the presiding officers and the speakers of

the six district legislatures.

Nakayama and Henry listed as suggested subjects for t h e meeting: Micronesian legislation on marine space jurisdiction, legislation calling for a referendum on the Constitution of the Federated State of Micronesia, termination of Trusteeship Agreement and transition to a new Micronesian Government, relocation of the TT headquarters to Ponape, economic development, appointment of a high and deputy high commissioner, and the TT judicial branch.

Copies of the Nakayama-Henry letter were sent to speakers of the six district legislatures with a cover letter requesting guidance as to "how best to coordinate our work" and asking whether they wanted a meeting of legislature speakers and Congress Presiding officers before the Washington meeting.

The letter continued, "We wish to assure you of our desire ... that the views of each district should be adequately represented at

the proposed meeting with the U.S. representatives.

The COM leaders also told the district legislature speakers they feel this meeting "will have great impact on present and future relationships between Micronesia and America...."

Meanwhile, Status Liaison Officer Paul Bennett told the Variety that he is aware that at least one district--Palau--has responded to the invitation. Bennett said two letters were to Washington, one from Palau Legislature Speaker Sadang Silmai saying he was referring the invitation to the Palau Political Commission, and one from Roman Tmetuchl, chairman of the Commission, accepting the invitation and promising to let the U.S. know at a date which Palauan representatives would attend

Bennett added that he hoped to receive in the near future some guidance from Washington on points raised in the presiding officers' letter.

Asked to characterize the U.S. invitation and C O M reply, Acting Legislative Counsel Dana Smith said the COM leadership was taking the U.S. invitation at "face value," as a new administration's sincere wish for a frank and open exchange of views prior to negoti & ions.

The Micronesians' came after last week's leadership meeting in Ponape, which included, in addition to the usual top leadership, congressmen from each district.



1 - SAVE YOUR EMPTY CIGARETTE PACK OF

1 - SAVE YOUR EMPTY CIGARETTE PACK OF WINSTON, SALEM, CAMEL, OR MORE AND TURN IN FIVE EMPTY PACKS FOR ONE COUPON AT THE JOETEN CENTER.
2 - WRITE YOUR NAME AND ADDRESS ON THE COUPON AND DROP IN INTO SWEEPSTAKE BOXES AT THE JOETEN CENTER SUPERMARKET, 3 - YOU HAVE TO BE 18 YEARS OF AGE OR OVER TO ENTER CONTEST, BUT YOU NEED NOT BE PRESENT (AT THE DRAWING) TO BE ELIGIBLE TO WIN.
4 - ENTER SWEEPSTAKES AS OFTEN AS YOU WISH. REMEMBER, THE MORE ENTRIES YOU HAVE THE BETTER YOUR CHANCES OF WINNING ONE OF THE PRIZES.
5 - DRAWING TO DETERMINE THE WINNER WILL BE HELD IN PUBLIC ON JULY 4,1977 AT 12:00 NOON, AT THE JOETEN CENTER.
6 - ALL PRIZES WILL BE AWARDED IMMEDIATELY UPON DETERMINATION OF THE WINNERS. THOSE WINNERS WHO ARE NOT PRESENT AT THE DRAWING CAN CLAIM AT A LATER DATE AT THE

1 - REKOHE I BASIHUMO NA PAKETEN CIGARELLON WINSTON, SALEM, CAMEL OSINO MORE, KADA GUAHA SINKO NA BASIHU, ENTREGA POT UNO NA TICKET (COUPON) GUATO GI AS JOETEN CENTER GIVA SUSUPE, 2 - TUGI I NAANMO YAN I LUGAT NAI SUMASAGAHAO GI TICKET (COUPON) YA UNNA HALOM GI KAHITAN SWEEPSTAKE GUATO GI AS JOETEN CENTER SUPERMARKET. 3 - DEBEDE UN 18 ANOS OSINO MAS NA EDAD PARA SINA QUALIFIKAU HAO GUINE NA COMPENCIA. LOKUE TI NECESSARIO NA UN PRESENTE GI HAANEN I RIFA PARA UNFANGANA.

PRESENTE GI HAANEN I RIFA PARA
GANA,
4 - MENTRAS MAS SESSO MAS MAULEG PUMATESIPAU GUINE GI SWEEPSTAKE, KONSODERA NA
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Trial Set For Fatal Beating At PATS

SAIPAN - Teofin Francisco, a Palauan student at the Ponape Agricultural and Trade School (PATS), was allegedly beaten to death by three Ponapean youths on 26 January last, according to the P u b 1 i c Defender's Office on Saipan.

The three defendants, also students at PATS, are Hainrick H. Etse, 21; Albert A. Mudong, 18; and Retner Olter,

Teofin was reputed to have been beaten over the head with a bottle in a drunken argument concerning a radio cassette player, said the Public Defender's Office.

His body was found by fellow students shortly after the slaying. Cause of death was reported as cerebral hemorrhage, said the source.

The defendants, who are presently out on bail of \$300 each, were charged by the Ponape District Attorney with second degree murder, voluntary manslaughter and involuntary manslaugh-

Trial date has been set for March 28 in Associate Ponape. Justice Arvin H. Brown Jr., presiding judge, has ordered separate attorneys for each defendant due to conflict of interest.

Two Cars Collide: Six People Hurt

SAIPAN -- A two-car accident near San Jose monument on Hospital Road caused injuries to six persons and totalled the two vehicles on the night of March 23.

At about 10:30 p.m. a Toyota sedan driven by Francisco (Fal) Arriola (20) was coming from San Vicente and skidded into the path of a Datsun sedan which was heading the other direction, according to Saipan pplice records. The Datsun, driven by Mrs. Takanori Kitajima (31) had three passengers, including a oneyear-old boy.

jured was Leonardo T. s e a t passenger in records show. Arriola's car. Duenas received a right arm and fractures.

Other passengers in the Datsun were Kayo Kitajima (28), Hiroko Dohashi (28) and the child, Yoko Dohashi. All were injured slightly, as was the driver, who received Most seriously in- several cuts on her face and the back of Duenas (20), front her head, police

> The injured broken taken to Dr. Torres leg Hospital for medical care right after the accident.

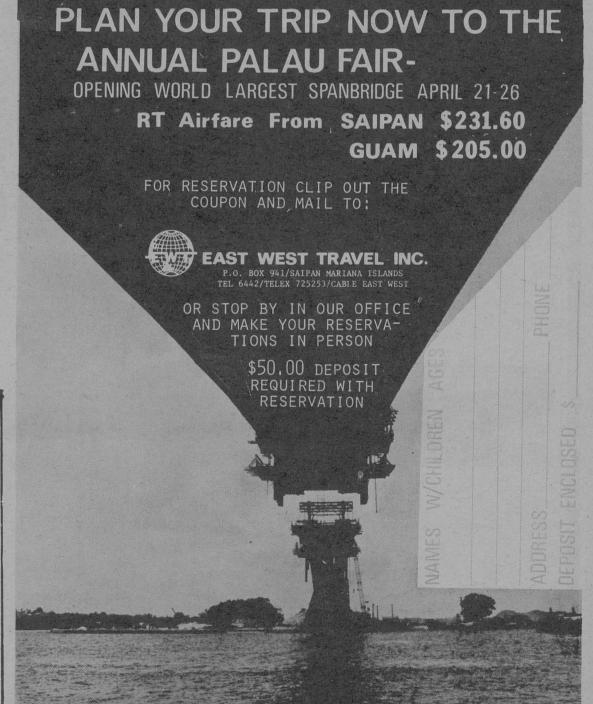


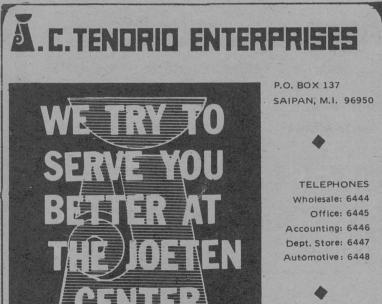
Palauans In U.S. Oppose Superport

SAIPAN --- Thirtyfive Palauans presently living in the United States have signed a petition opposing construction of the proposed superport in Palau.

The petition, which was received by the Variety last week, declares that "We, the undersigned, vehemently oppose the construction of the proposed 'superport' in the islands of Palau. Be cause of the environmental and cultural repercussions of a project of such magnitude, our plea must be heard and accounted for."

A footnote to petition states that it includes the signatures of all Palauans living in Susanville and Chico, California. It also notes that an additional 29 signatures from Portland Community College will be sent in the near future.





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NMG Sues To Oust Mobil

SAIPAN (MNA) --- The Government of the Northern Mariana Islands (NMG) has filed a civil suit against Mobil Oil of Micronesia i the Trust Territory (TT) High Court's Trial Division, asking for rescission of Mobil's franchise in the Marianas.

The lawsuit was filed late last week by Howard Trapp, attorney for the NMG.

According to the complaint, the TT Government and defendant Mobil Oil of Micronesia, Incorporated, entered into a certain written "requirements" agreement and said "requirements" agreement was automatically renewed in accordance with the provision of that agreement.

The complaint continued that the NMG is the successor of the TTG and that the "requirements" agreement and the rights

arising thereunder have enured to the benefits of the NMG.

Both NMG and its predecessor government have performed all of the conditions, covenants, and premises under the agreed requirements on their parts to be performed, claimed the complaint filed by Trapp.

The complaint, however, pointed out that since March 2, 1977, Mobil Oil has breached the agreed requirements and has failed to perform any of the conditions, covenants, or promises therein by failing and refusing to supply or sell to plaintiff its requirements or needs for petroleum products.

According to Attorney General Jack Layne, the Office of the Resident Commissioner has not received any response on the lawsuit to severe franchise agreements with Mobil Oil.

of the Japanese fishing vessel, Kaisei Maru pleaded not guilty to a charge of illegal entry into Trust Territory waters

in a High Court ar-

raignment on Monday (21 March).

The Kaisei Maru was apprehended near Agri-Northern Mariana Islands on March 10 by the government field fish in waters off Malands.

captain's defense radar or Loran gomez of the Public Defender's Office on Saipan, who was touring the Northern Islands on the Normar-II at that time, the captain of the Kaisei Maru reported a mechanical failure which caused him to shut off his engines and drift for a period of time, and in so doing, this caused the ship

wander off course. The SAIPAN - The Captain report that the ship was within territorial waters was made by two local fishermen, and the Kaisei Maru was subsequently apprehended by Luis Cepeda, Field Trip Ship Officer and the Village Commissioner of Agrigan Island.

The vessel was regan Island in the ported by observers to have been 1.7 miles off the coast of Agrigan, but Mr. Villagotrip vessel M/V Normar mez added, however, II while on its way to that no measurements were taken to substanjuro, Marshall Is- tiate that the ship was actually within According to the the 3-mile limit. No counsel, Ramon Villa- readings were taken to verify that

the time the vessel was apprehended, said Villagomez.

The captain denied that his vessel was fishing illegally and said that the one or two fishing lines over the side belonged to sailors. individual Reportedly, the only fish to be found on board were bait fish.

The Japanese fishing vessel was brought to Saipan where it is being detained pending the outcome of a trial yet to be set by the High Court.

The owner of Kaisei Maru arrived on Saipan Monday (21 March) regarding detention of his ship.



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Enewetak Before the Move

ENEWETAK --- When the MS MILITOBI arrived at Japtan Island on the morning of March 15, with 56 Marshalleæ from Ujelang, it marked the beginning of the end of the American era on Enewetak Atoll.

Enewetak, known to most Americans as a symbol of the hot war in the Pacific during the forties and the cold war and atomic testing of the fifties is being turned back to the people who left here on December 20, 1947 in a Naval LST for Ujelang Atoll, 124 miles to

the southwest.

On December 2, 1947, the United States government had notified the Security Council of the United Nations that Enewetak Atoll was to be closed to the world for security reasons in order that "necessary experiments relating to nuclear fission" be conducted at the square mile atoll. The people of Enewetak moved to Ujelang based on an agreement which was to give them full land rights to uninhabited atoll. But the 136 Enewetakese became 450 by 1976 and Ujelang was no longer adequate. The U.S. had ended its atomic testing program in 1958 and its other scientific and technical programs were slowly being phased out. There was a growing sentiment among the Enewetak people to return to their ancestral home.

On September 16, 1976, Acting High Commissioner of the Trust Territory, Peter T. Coleman signed a series of agreements which would begin the return process and allow for a \$20 million Editor's Note: A first group of Enewetakese returned to their home island last week after 29 years of absence.

Jim Hall, High Commissioner's press secretary, accompanied the group. The following is the first in his series of reports to MNS. All reports will be published by the Marianas Variety.

dollar clean up program to get underway.

The 56 who will arrive tomorrow will not only be returning but will also participate in the clean-up and rehabilitation program which may last as long as three years.

What will the people of Enewetak find upon their return? The main island of Enewetak is dominated by a mighty eight thousand one hundred foot concrete runway which handled seventy-five bombers during World War Two. The other half of the island is crowded with anodized aluminum butler buildings of every shape and size; warehouses, living quarters, messhalls, and clubs. Fuel tanks, water towers, a huge hangar, saltwater conversion units, concrete bunkers also dot the two and half mile strip which lies between the deep blue Pacific and the aqua blue lagoon.

The island of Japtan, where the first returnees will live has numerous butler buildings, bunkers, communications sites, animal pens and other reminders of the nuclear testing program. It is presently undergoing an intensive clean-up and rehabilitation for the first arrivals. A Hawaiian luau is scheduled upon the arrival of the Militobi.

To those returning for the first time, they will probably feel like science fiction space voyagers who passed through a time warp. Their old world will have aged several hundred years during their twenty nine year absence.

There are other changes too that they are well aware of. Traditionally the northern islands of the atoll were occupied by the

Con't on page 7

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Covenant Day, Quiet

SAIPAN - The Covenant Day celebration last Thursday (March 24) passed quietly on Saipan. March 24 has been declared a legal holiday by law for all Northern Marianas residents, in commemoration of the signing of e Covenant by President Ford to establish a Commonwealth of the Northern Mariana Islands in political union with the United States.

Acting Deputy High Commissioner Juan Sablan said the holiday applies to all Trust Territory Government employees residing in the Northern Mariana Islands. Employees required to work on that date will be compensated in accordance with appropriate laws and regulations.

On Saipan all government offices were closed and some of private businesses were open for the whole day.

No any particular festivities were held to earmark the legal holiday.



Seven Canadian travel writers visited Truk, Guam and Saipan last week under the auspices of Continental Airlines and the U. S. Travel Service. The writers met with island government and business leaders in an informative workshop one afternoon. The writers consider t h e islands a lovely alternative stop for Canadians travelling to the Far East. Asked for ways to improve Saipan for tourists, they all suggested cleaning up t h e litter. They also felt s o m e "thing to do" w e r e necessary to attract a n d entertain tourists, and some idean were bikeways, initiating a working sugar cane train for sightseeing (commuters), an d doing more with boating, such as charter fishing, yacthing, and Tinian boat rides. Shown above are the visitors w i t h Board members of the Saipan Chamber of Commerce, w h i c h hosted the group for lunch. The Marianas Visitors Bureau and Saipan's hotels also hosted the group during the day.

Enewetak ...

Con't from page 6

Enjebi people and southern islands by the Enewetak people. Only the southern islands are considered inhabitable. Two northern islands were vaporized during the tests. One during the explosion of the world's first hydrogen bomb in 1952 and the second six years later. Enjebi, the main northern island, was inundated by a hundred foot wall of water generated by the hydrogen blast and is not considered habitable for another thirty years. The island of Runit, near the line dividing the north and south, is contaminated by radio-active plutonium and

is off limits for the indefinite future.

This poses a serious political question, despite frequent intermarriages, will the Enjebi people wish to live on the islands which traditionally belong to the Enewetak people or will they choose to remain on Ujelang?

And another question. What will become of the massive scientific and technological complex on Enewetak island, which once housed over 5,000 technicians but is now a twenty first century ghost town situated amidst a timeless environment where lazy tradewinds swirl coral dust around the coconut palms?



Marianas Variety

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The decision by the Civil Aeronautics Board to deny Pan Am's request to provide a temporary Saipan/Tokyo service will need to result in some swift thinking if the bilateral talks between President Carter and the Japanese over trans-Pacific routes reach a deadlock.

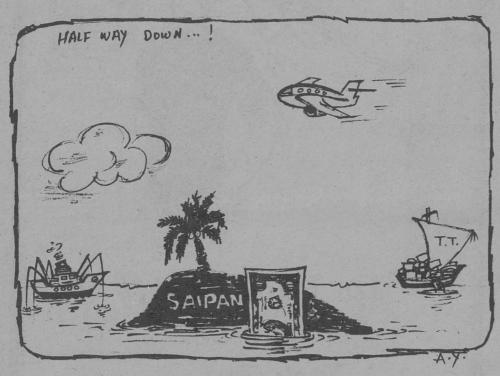
Much of Saipan's budding economy will depend on the increased business a sound tourist industry can provide the island, and if the tourists are not forthcoming... Furthermore, if something does not happen soon to get the route established before the Trust Territory moves its seat to Ponape, Saipan will get a distinct feeling of being left high and dry.

That should not last too long, however. Times may be hard for a while, with no turn-around in the economy. Some people may have to resort to living off their savings and local business may go a little flat, but we know Continental Airlines has the concession and we know that they will at some point begin pumping the tourists through Saipan International Airport. Indeed, this could be a good time for taking stock of where we are going as regards island investments - who we let in and who we don't.

The time is not too long hence when we shall be able to reminisce, as many are able to about the good old days of Hawaii, "I remember Saipan when it was a rinky-dink little island with not much going on. It really had a 'get away from it all' kind of atmosphere". This will all change if we give tourism prominence in our economy. It is not beyond one's imagination to see Saipan as the 'Oahu of the Marianas' and the Northern Islands also being caught up in the drift and becoming a collective island paradise.

Taking stock of the investment scene should also include t a k i n g stock of what we are going to offer as tourist attractions. Saipan stands in the same position as Hawaii did 20 years ago and Guam not 10 years ago. Both "gateways" to the Pacific made monumental mistakes and have managed through either greed or sheer ignorance to destroy much of the beauty of their islands. Marine Drive in Agana is an anathema to tourists and residents alike and Waikiki is now the worst kind of metropolitan muddle.

Is it possible the Saipanese can learn from the mistakes of others and use this opportunity to its best advantage, gratify the needs of tourists and residents alike but still retain the beauty and culture which lies in great danger of being lost?



THE ONLY INFORMATIVE LOCAL NEWSPAPER News & Views

That THEY Say

Those who still read this column will recall that last week I stormed out of an underground studio outside Hollywood because the leading lady of the show wouldn't accept me. Well, this week I went to a legitimate studio but my sales talks were equally fruitless. Some people can't recognize talent even if you ram it in their faces. Needless to say, I was quite despondent after these failures, so I did what every clear-thinking man would do under the circumstances. I went to a bar to drown my sorrows. There I met an unemployed scriptwriter and, several drinks later, we were calling each other "brother" and have agreed to collaborate in writing a movie that will make the likes of Otto Preminger green with envy. My scriptwriter brother suggested that we leave the bar and go to his place to talk more about our project. We downed our last drinks, thumbed our respective noses at Gregory Peck and the Actors Guild, and went off in a taxi. This what happened next:

"Now, let's go over the story again", my friend said. "With pleasure", I said, taking a long sip on my drink.

"Good, you said the story is based on an overseas colony's fight for Independence. That's great. Where's the place located at and who is the oppressor?", my friend asked.

"The place is in the central Pacific. It is a group of islands that have been stolen by a rich country," I said.

"How did the rich country steal the place?", my friend

"Well, actually it was not stolen. It was sort borrowed", I said.

"And how did that happen?", my friend persisted.

"It is a long story which I'm sure you will interested in", I told him.

"I'm interested. If this thing is going to work, it better be something that people can believe," he said.

"Okay. This group of islands was out there, in the central Pacific, for years and years. Nobody was interested in it but one day, Japan found itself to be overcrowded. Japan looked around for a spare place and, lo and behold, these islands were available. So she sent a couple of gunboats to blast the Germans out," I said.

"And how did the Germans get there in the first place?",

"Well, Spain owed Germany some money but the King of Spain was broke so he gave the islands to the Kaiser instead of cash," I explained to my friend.
"You mean the Spaniards were there also?", my

asked with surprise.

"Yes Spain, after it failed to Christianize the Arabs in Southern Spain, went looking for easier converts. And these islands were the ideal place from which more glory to Rome and the Spanish throne could be obtained. Naturally, the Pope in Rome was pleased with the enterprise so he gave the islands to the Spaniards. If you want to know why the Pope did that and on whose authority, I refer you to the New Testament. There, it is clearly explained that the Pope personally received these islands from God himself," I explained to my friend.

"Good, that explains the history of the area. Now, what is the current situation there?", he asked.

"Actually, the current state of affairs on the islands began during the last big war. You see, there was lots of fighting going on in the area and lots of casualties on both sides. The natives too had casualties and their properties were also destroyed. After the war, the United States, by virtue of its great victory, told the world that she owned the area because many Americans perished there. But the U.S. made it also clear that while they intend to have rights to the property, they have no intention of owning the natives as well. That, the U.S. proclaimed, was against the principles of human rights", I said.

"So now, the people or the natives are trying to revolt against the U.S.?", my friend asked.

"Yes and no. You see, the natives cannot conduct any type of war against the U.S.. They can't even fight the U.S. verbally. What is happening there is a sort of a family quarrel. You know, one son getting mom to throw pop out of the house and a daughter trying to have pop make mom agreeable to a midnight check-in time for her", I said.

"I think the basic story is good. But the trouble is, and my friend it is crucial to our success, not many people will believe in it. I doubt if this story could be called science fiction", my friend said and asked me to leave his

30 Teachers Graduate Bilingual Class

SAIPAN - Thirty teachers participated in an evening class in " Bilingual/Bicultural Education" o n Saipan from March 7 - 26, according to an Education Dept. press r elease. Robert Underwood, of the University of Guam (UOG) taught the 3-credit

This course is o n e of four courses being offered through the Bilingual / Bicultural training program of the University of Guam t h e release stated. Twenty seven people on Saipan completed "Cha-Orthography" which was taught in

February by Bernadita Dungca, director of t h e training program from the University of Guam.

"Folklore" will be offered in April to be taught by Judith Haut. In M a y "Chamorro Or-Applied " thography will be offered by Bernadita Dungca. I n courses addition two a r e being offered on

This series of courses is financed under-TitleVII of the Health, Education and Welfare Department o f the U. S. Government. Title VII funds two bilingual / bicultural programs for students

in the Northern Marianas, one for Carolinian and one for Chamorro. The program at the University of Guam is founded to support these existing progrmas on Guam and the Trust Territory.

By taking this series of courses, Northern Marianas teachers will be more prepared to use the Chamorro language i n class, understand the complexities of being bilingual, be able to respond to some of the students' needs, a n d have increased understanding of cultural attitudes and customs in the world.

Municipal Money Embezzeled?...

Con't. from page one

years, vehicle registration brought in around \$11,000 or 12,000; this year the amount was about \$24,000. The new numbering system was in effect.

Benavente said he intends to have the necessary audit performed to discover the "detalcation". His FY 1977 budget includes \$5,000 for audit service of the municipal funds. He has not been able to request the audit, however, because of "slow cash flow" to the munici-

pality. He did ask the Marianas Government to conduct the audit, but they lack the personnel to perform such a service, the Mayor was told. He has also asked the Acting High Commissioner, but to date the Trust Territory Government has not responded to his request.

response is If the negative, Benavente said, we will have to go for a private auditor when the monies become available in the Municipal funds.



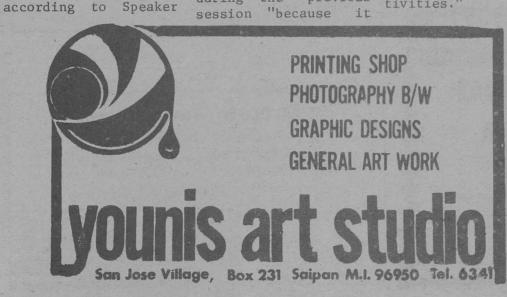
SAIPAN, -- (NMIL) --A check of \$17,260 was presented to Northern Marianas Community Development Officer, Gil Ada, last Friday by Speaker Herman R. Guerrero in the Legislative Hall in Susupe.

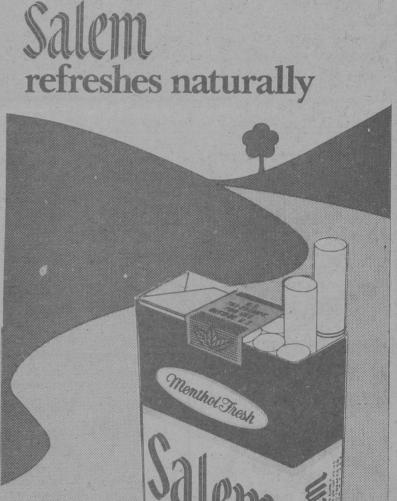
The money would be used to improve recreational facilities in the various villages on Saipan, Guerrero.

On hand to witness the presentation of the \$17,260 check were: Former Speaker Vicente N. Santos, Commissioners Simeon Kapileo, Juan Babauta, Pedro Nakatsukasa and Manases Borja.

said the Legislature their energies congave the measure a structively rather priority consideration than on negative acduring the previous tivities."

has been a public law since 1975." He said the various districts on Saipan have relied on these funds for their purposes. "I am hopeful that upon completion of the various recreational facilities, our youths would Speaker Guerrero be able to utilize





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FIRST AMENDED NOTICE OF SALE OF REAL PROPERTY

Pursuant to a Judgment of the Trial Division of the High Court in Civil Action No. 22-75, dated July 30, 1975, in favor of Continental Airlines, Inc., and against Ray S. Guerrero, for the sum of \$4,756.27 with interest thereon at the rate of six percent per annum from July 30, 1975, plus Attorney's fees in the amount of \$200.00 and costs in the sum of \$1.65; and a Judgment of the Trial Division of the High Court dated October 29, 1975, in favor of Marianas Rental Corporation and against Ramon S. Guerrero, for the sum of \$800.00, with interest thereon at the rate of six percent per annum from October 29, 1975, plus Attorney's fees in the sum of \$200.00 and costs in the sum of \$1.10; and an Order in Aid of Judgment entered by the said Court on April 27, 1976, in the two above-captioned matters, ordering to be sold to satisfy the said judgments certain real property of the Defendant described below,

NOTICE IS HEREBY GIVEN that I will, on Friday, April 15, 1977, at the hour of 9 o'clock a.m., of the said day, at the office of the Chief of Police of the Northern Mariana Islands, sell at public auction, for current lawful money of the United States of America, all of the right, title, claim and interest of said Defendant in and to the following described real property to satisfy the said judgment, together with interest and costs of sale, to the highest bidder, subject to a minimum bid of \$15,000 by agreement among the parties:

Located at Dandan Village, Tract No. 21661 [formerly Agricultural Homestead No. 504] as shown on Division of Land and Surveys Plat No. 2003/71 approved August 21, 1973; less that portion of the said Tract No. 21661 conveyed by Jesus D. Deleon Guerrero to Olympio T. Borja on March 20, 1974; and less that other portion of the said Tract No. 21661 conveyed by Jesus D. Deleon Guerrero to Sophia P. Tenorio on May 20, 1974; the total remainder containing an area of 35,969.55 square meters, more or less.

DATED, this 22nd day of February, 1977:

JOSE P. MAFNAS, Chief of Police Government of the Northern Mariana Islands

WANTED

MICRONESIAN TELECOMMUNICATIONS CORPORATION OPERATORS WANTED

Experienced Telephone Switchboard Operators and Telex Operators wanted. Applications accepted in person at MTC's Headoffice, Gualo Rai, by Mrs. Bernie Reyes, Administrative Manager.

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NOTICE

NOTICE TO DETERMINE INTEREST

The Mariana Islands Airport Authority will be procuring the professional services of an architectural and engineering firm to prepare plans and specifications for upgrading facilities at Saipan International Airport and West Tinian Airport.

The work will consist of preliminary investigation, planning, assistance in support of requests for FAA participation, and design and supervision of all stages of construction.

It is estimated that the total cost of construction will not exceed \$300,000.

Time is of the essence of the project.

All interest parties are invited to submit a letter of intent, addressed to the Airport Manager, Mariana Islands Airport Authority, Post Office Box 1055, Saipan, Mariana Is-96950 no later than 3:00 p.m. on lands, Friday, April 1, 1977. To assist the Authority, interested parties should include, as a minimum, Government Architect-Engineer Questionnaire SF-251 or SF-254, and Government Architect-Engineer Questionnaire for Specific Project SF-255, unless such information has been submitted to the Authority within the previous three months information contained in such previous submissions has not been significantly altered. Under such circumstances, letter of interest should make reference to the prior submis-

Interview of selected candidates and a review of the proposals are scheduled upon notice, after April 1, 1977. The Authority may elect, however, not to interview any candidate which has been interviewed by the Authority for architectural and engineering services within the previous three months. Under such circumstances, the Authority will take full note of such prior interview in connection with the selection process.

All candidates are advised to visit the project sites and discuss the proposed scope of work with the Airport Manager to familiarize themselves with the conditions to be encountered and work to be performed prior to submitting a letter of interest.

The successful candidate will be require to meet and comply with all applicable provisions of the laws and regulations of the United States of America and the Government of the Northern Mariana Islands.

This is not a request for price proposal. The Mariana Islands A i r p o r t Authority reserves the right to reject any or all submissions. Except as otherwise set forth herein, selection of candidates and and a w a r d of a contract shall be made in accordance with Section 904 of United States Public Law 92-582.

/c/ Carlos A. Shoda Airport Manager Mariana Islands Airport Authority

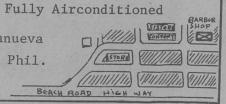
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6

ROBERT

Dear Editor:

My compliments for the recent comprehensive and informative article by Abby Brown on youth recreation needs. The humiliating and very costly defeat of our Micronesian athletes at the South Pacific Games was unfortunately necessary to help us re-align our priorities as to how government should direct its youth development resources at the present time. Now is the time for public and private group to help youth develop sports skills starting at the pre-teen level if we hope to have life time participation. There is no question that sports programs, properly organized, can engender long lasting positive social attitudes vital to the development of our new Commonwealth and the new Micronesia. Sports and other recreational activities are often dismissed as simply "Play" -- something to fill time until "more important" activities are undertaken. But how children play is a major factor in determining how they will work as adults, how they will care for the feelings of others, how they will respect and sateguard the rights of others and how they will contribute to the social and economic development of the islands. "Play" is the very serious business of growing up for youngsters. With a median population of 16 years and with 40% of Micronesians under 25 out of work, all of us can ignore the importance of organized sports at our own peril, both economic and social.

Sports must be played according to rules. The new Commonwealth and all the many organizations that will shape community life and safeguard our welfare must also follow certain rules. A youngster who appreciates the need for rules in sports is well on his way to becoming a contented and participating citizen.

Gerald S. Craddock
Acting Administrator
Crime Control Services Administration

Dear Editor:

This letter is being written to you because your paper's name appeared many times in the recent issue of the so-called Free Press. After reading the Free Press, I had a hard time deciding whether that paper was trying to be funny or whether it was printed with serious intent. I think the former holds more water because I haven't stopped laughing yet.

Sincerely yours,

A Friendly Joker

P.S. Please withhold my name for safety reasons.

Dear Editor,

It gives me great pleasure to introduce myself as under. I am writing this letter to you solely because I want to obtain some penpals from your country and to know some knowledge from your country. I was requested by the High Commissioner of Public Affairs (U.N.) to contact you regarding newspaper addresses.

I am a boy of 22 years of age and my height is $5'7^{1}/2''$ and I would like to correspond with girl penpals only. My hobbies are as follows: Corresponding, reading, music, sports and travelling.

I shall therefore be very grateful if you could print my name in your paper so that I will be able to obtain so me penpals from your country.

Yours faithfully,

SHABBIR A.K. MAMUJEE P.O.Box 81810 MOMBASA KENYA Dear Editor,

I would like to congratulate the Saipan Police Department for establishing their own rehabilitation program for the prisoners.

I was passing by the Police Department area not very long time ago a n d it so happen that I saw a policeman w i t h several prisoners at young age doing something. I was very pleased to see that the acquaintance between t h e authorities and the convicted criminal citizens work together. I thought at first that the police officer is teaching t h e prisoners how to operate an equipment or repair something, but was really surprised to see that the prisoners w e r e assisting t h e police officer cleaning RIFFLES!! Yep! My God! I said to myself, "just one hidden bullet there a n d he is finish." I shook my head and took off not forgetting what I saw.

I hope that one of these days the Chief of Saipan Police will not geta bullet in his private office.

Wos! What a way to rehabilitate these prisoners. A r e they rehabilitating them to become professional gunmen?

Sincerely yours,

Name withheld by request

The Marianas Variety welcomes letters to the editor on any topic of public interest. However, the letters must be signed with the full name and address of the writer. The Variety has received numerous unsigned letters, letters with fictitious names and letters with no return address. Those letters will not be published to conform to our policy.

Bid Invitation

Sealed bids for the construction of Garapan Headstart Building will be received at the Office of the Marianas Director of Public Works, until 2:00 P.M., April 8, 1977 at which time and place the sealed bids will be publicly opened and read aloud.

Contract documents including plans and specifications may be reviewed at Marianas Public Works located at Lower Base, Saipan, Marianas Islands on or after March 14, 1977. Each set of documents may be obtained upon payment of \$15.00 which is non-refundable. Checks should be made payable to Marianas Finance Officer with a notation on the face of the check: "Credit Project No. F7B01E228, Garapan Headstart Building".

A pre-bid conference will be held at the Office of the Marianas Director of Public Works, Lower Base, Saipan, Mariana Islands at 10:00 A.M., April 1, 1977.

The construction of Garapan Headstart Building is funded by the Federal Disaster Assistance Administration (FDAA) as a grant-in-lieu project.

Contract award will be given preference to the extent feasible to those organizations, f i r m s, and individuals who reside or do business primarily in the Northern Mariana Islands.

The right is reserved to reject any or all bids, and to waive any imperfections in the bid proposal in the interest of the public.

A. C. Tenorio
Contracting Officer for
the Resident Commissioner

Micronesia In Brief

(Compiled from MNS, MNA and other sources)

PUBLIC COMMENT ASKED ON YAP DOCK PLANS

The U.S. Army Corps of Engineers is encouraging public comment on proposed plans to construct a new dock facility on the north side of Colonia Peninsula near the Yap District Legislature Building. The proposed dock would replace the inadequate, existing port area on the south side of the peninsula. Environmental, so cial and economic factors will be considered, under the Federal Water Pollution Control Act governing the discharge or placement of dredged or fill material in coastal and tidal waters or in wetland areas, which will be involved in the dock construction. Any public input or request for public hearing should be submitted to the district engineer at Fort Shafter, Hawaii, by April 16.

TT LIMITS OFFICIAL TRAVEL

As a cost-cutting measure, Acting Deputy High Commissioner last week issued a memo to all department heads and district administrators identifying the amount each may use for official travel within and outside the TT in FY 1977. The amounts are based on actual travel obligations for FY 1976. The cutback does not affect federal programs, the Congress of Micronesia, or other quasi-government agencies funded by the Congress, Sablan said. (MNS)

MICRONESIA HEALTH COORDINATING COUNCIL TO MEET

The Micronesia Health Coordinating Council will meet at the Inter-Continental Hotel on Saipan, April 5-8, according to Dr. Masao Kumangai, director of Health Services. The Council includes membership from all districts of Micronesia and the Congress of Micronesia. (MNS)

NAURU PACIFIC LINE UPS FREIGHT RATES

Nauru Pacific Line, which operates regular freight service between the West Coast, Hawaii and Micronesia, plans rate increases in its westbound freight tariff effective May 24, according to Pacific Business News.

Rates for most items will increase 10 percent, although the rates for rice, flour and poultry will not change. The rates for lumber to Majuro, Ponape, Truk and Saipan will go up 20 percent, while the rates for plywood for all ports will increase by 15 percent. The rates for liquors and spirits will go up 35 percent unless otherwise specified. (MNS)

SEARCH FOR MISSING YAP CANOE DISCONTINUED

The Air Force on Guam has suspended its search for the second of two Yapese sailing canoes missing since March 4 with four sailors on board. The other canoe was found Saturday (Mar. 12) by the MV JAMES COOK near Eauripik Atoll in Yap. The five sailors were in good condition. The search was suspended pending new sightings or other developments concerning the missing canoe. (MNS)

NORTHERN MARIANAS FLAG TO BE IN FLAG BOOK

The flag of the Northern Marianas will appear in the Flag Book of the United States, according to Dr. Whitney Smith, Executive Director of Flag Research Center, who visited Saipan last week to get a replica of the flag. The Center, Smith said, serves as a clearinghouse for all aspects of flag information, both historical and contemporary. The Northern Marianas flag was officially adopted in 1972, in accordance with a 1965 Marianas District Legislature law which provided a flag-designing c o n t e s t. The winning design, by Vito K. Calvo of Rota, features a white star superimposed on a grey latte stone on a field of dark blue. (MNA)

FILIPINO NATURALIZED

After six years, Norberto S. Javier's dream of being naturalized as a citizen of the Trust Territory became a reality Friday (March 18) when he was presented with a "Certificate of Naturalization" by Acting High Commissioner Juan A. Sablan. Javier, who came to the Trust Territory in 1964 from the Philippines, is married to a Saipanese. His wife, Ana, and his son, Ray, were present at the swearing-in ceremony. (MNS)

MORE THANK YOU'S

More thank you's were exchanged this week between the Marianas and the Trust Territory, as Acting Resident Commissioner Francisco Ada thanked the Congress of Micronesia for its "si yuus maase" to the people of Saipan contained in COM Senate Joint Resolution 7-38. The COM resolution was adopted because the COM may hold its next regular resession in the new capital of Ponape. The resolution said, in part, "The COM has enjoyed the warm and friendly atmosphere, the gracious hospitality and the spirit of cooperation" of the people here, and called Saipan "a second home." Ada reciprocated by calling it an honor to have hosted the Congress over the years, and wished the Congress godspeed in Ponape, adding, "May the people of Micronesia continue the spirit of friendship in many years to come." (MNA)

ANDERSON'S WEATHER SQUADRON TO RECEIVE AWARD

The 54th Weather Reconnaissance Squadron (WRS), Anderson Air Force Base, Guam, will receive an award for humanitarian service. The award, an annual presentation by the U.S. corporation United of Omaha, will be given at Anderson April 6. The 54th was cited for its recent service to the civilian communities of the area through its search and rescue activities, and its primary mission of typhoon reconnaissance. The squadron annually tracks an average of 25 Pacific Typhoons which may affect Guam, the Trust Territory, the Philippines and Japan. (MNS)

PONAPE LEGISLATURE IN SESSION

"What we agree and vote upon here...will predict the future of our people," Speaker Itor Harris told his colleages at the March 6th opening of the fourth session of the Fourth Ponape Legislature. Harris cited the drafting of the charter of the Ponape district government and the economic and social development plans as some of the "vitally important" issues facing the legislators in their 30-day session. He also urged the representatives to seek information on political status and the draft Micronesian constitution and be active in discussing these issues with the people. (Legislature release)

SAILOR FOUND ON PIKELOT

A lucky man is Raymond W. Quint, 55, of San Diego, California, who was found "yacht-wrecked" on Pikelot Island, Yap, by Trukese fishermen, on Sunday (March 20).

The Trukese fishermen carried a CB radio by which they notified Satawal Island, which in turn relayed the Lasage to Yap, which told Headquarters Transportation, which is character dispatched the MV ROBERT DEBRUM. The DEBRUM picked up Quint Monday afternoon and reported he was in good condition. Quint said his yacht, the "Moana", ran aground on Pikelot Island. He managed to wade ashore and waited four days before he was discovered. Quint reportedly was en route to Guam from Papua New Guinea. (MNS)

KOSRAE DISTRICT ATTORNEY APPOINTED

Kenneth P. Hackler of Topeka, Kansas, has been appointed District Attorney for Kosrae, Acting Attorney G e n e r a 1 Mamuro Nakamura announced Friday (March 18). Hackler, 30, will arrive on Kosrae March 23 after two weeks orientation in the Attorney General's office, Headquarters and will be joined by his wife in June. Hackler received his 1 a w degree from Washburn University School of Law in Kansas. With his appointment, all six districts in the T r u s t Territory now have District Attorneys. (MNS)

ARCHEOLOGICAL SURVEY FOR FEFAN ISLAND IN TRUK

A group of professors and archeologists from the United States and Japan arrived in Truk recently to conduct a two-week archeological survey in Sapore village in Fefan Island, according to the Truk public information office. The site was accidentally uncovered by a U.S. Air Force Civic Action Team working there. Included in the group are Dr. Richard Shutler, Jr., University of Iowa professor who heard of the archeological site from one of his students doing research on Lukunor Atoll; Dr. Yoshihiko Sinato, Bishop Museum in Honolulu; and Jun Takayama of Japan's Tokai University, who has done precious archeological studies on Truk. Artifacts collected will be preserved and displayed in a Truk district museum, now in the planning stages. (MNS)



COM & High Court Plan Ponape Move

Abby Brown Staff Writer

SAIPAN -- The legislative and judicial branches of the Trust Territory (TT) government foresee relocation to the new capital of Ponape by the end of 1978, but moving date is not in sight for the much lager executive branch, according to inquiries posed by the Marianas Variety this

The Congress of Micronesia (C O M)leadership m e t Ponape during the week of March 14 and set September 1, 1977 as target date for moving the Congress and staff to Ponape, according to Acting Legislative Counsel Dana Smith. The leadership decided to try to have its next regular session (January 1978) i n Ponape. Because many staff members have children of school age, however, the September date was chosen for the move, Smith said.

The leadership has designated the nowclosed Kaselehlia Inn as suggested office site. The Kaselehlia building and property are government-owned.

The COM has asked the Ponape Department of Public Works to prepare by April 1 a cost estimate to renovate the Kaselehlia and an analysis to whether determine renovating or building a new structure would be preferable.

Funds for renovation construction of facilities for all three branches a r e available through the recently-enacted 7-14, which provides \$250,000.

As for the availability of housing for COM staff, Smith said that individual Ponapeans are doing a considerable amount of construction. He expressed concern, however, that some of the houses being built are not adequate. He said he hoped that any future construction will be according to approved architectural codes and design to meet the standards of, for example, present TT housing on Ponape.

The COM expects to

need 18 residences for staff members, Smith

As for funds to move personnel and supplies, Smith said that although a bill for \$110,000 was introduced late in the recent COM session did not pass, there are other alternatives. Among them are to utilize COM operating funds, to hold a special session in Ponape

and use funds already approved for staff then, move the or to appropriate funds during a special session.

Meanwhile the Judiciary (High Court) has selected the Public Health facility adjoining the old Ponape hospital for its temporary quarters, according to Judah Johnny, director of administration for the

High Court. Whenever that facility is vacated and renovated, Johnny said, the High Court is ready to move

Johnny predicts the High Court could move by the end of 1977 or early 1978. Only six or seven families would be involved the move, he said.

Director of Public Affairs Strik Yoma, who chairs

Joint Coordinating Committee on Relocation of the Capital, believes the executive branch is waiting for the appointment of a permanent high comcommissioner. The HiCom is proceeding, however, to let a bid for an architectural engineering (A&E) feasibility study on capital relocation, including choosing a permanent site. The sum of \$200,000 for the feasibility study is available in the FY 77 Headquarters budget, Yoma said.

1500 Civic Sedan Has Best Fuel Economy in U.S.: EPA

The 1500 cc Honda Civic CVCC sedan has the lowest fuel consumption of 1977 model cars in the United States, and the 1600 cc Honda Accord is third best.

Official testing by the Environmental Protection Agency (EPA) of the United States ranked the Civic first with a composite rating of 44 miles per gallon (18.7

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Perspectives...

Stress....The Way Out!

Eve Terzich Staff Writer

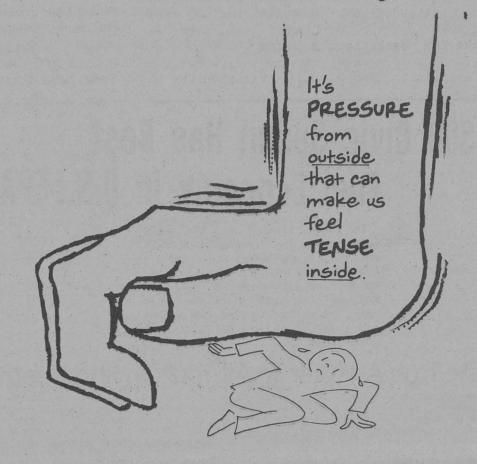
SAIPAN - The pace of life seems to accelerate by the year, and the more we pursue progress, the more we become the victims of the pressures a faster pace impose upon us. Doctors have been concerned about the number one killer in the United States, heart disease, for some time now. One of the causes of heart disease is stress.

In an interview with Dr. Larry Wilson and Cecilia Cooper, Ph.D., Division of Mental Health of the Trust Territory Department of Health Services, the Variety put to them a number of questions specifically geared to find out exactly what stress is and how we can avoid its effects.

Dr. Cooper replied to the question "What is stress"? by telling us that, "Stress is pressure. It is an unavoidable part of life. It is a situation where a demand for adjustment is imposed on a person.

Let me illustrate with a couple of everyday examples: When a balloon has too much air in it, the fabric of the balloon is under pressure and it bursts. If you put on a sheet too much weight of glass, it breaks. It breaks because there is too much pressure on it. People react in much the same way if given too much pressure".

"For the most part", she added, "there will be physical outlets for specified amounts of pressure; a person may develop ulcers or blood pressure, high or simply take out his frustrations on the rest of the family by yelling or throwing things". Dr. Wilson's opinion, when asked whether stress was something only adults experienced was, "Definitely not. B o t h adults and children a r e affected. Children under a great deal of pressure these days to perform academically. Teachers can create a stressful situation for a child when they announce that there will be a test the following day. The child then comes under stress from both his parents and his teacher to do well in the test. Not only which, children are constantly under stress in



learning to get along with their peers, and in trying to perform to the demands set by their parents teachers".

"There are so many it would be hard to list them", said Dr. Cooper, in response to being asked what kinds of situations can cause stress in adults.

"It might perhaps be better to rename these situations "disruptions" because when we think about them in that sense, we can see them for what they are changes in our lives which disturb the otherwise smooth course of things".

"A death of a spouse or close family member would be an obvious one, of course. Divorce or marriage, pregnancy, being sent to jail, personal injury, all are major disruptions and cause tremendous pressure. There are financial disruptions when for instance, a man goes into debt because of business failure, or has to raise a mortgage on h i s house. So you see, the list is long. Even vacations, to give an anomalous example, can cause stress", she added

Replying to the question that some disruptions might obviously cause more stress than others, both Dr. Wilson and Dr. Cooper agreed, "Absolutely. Many times we are quite capable of dealing

with minor stressful disruptions. Danger lies, however, in having too many situations running one on top of the other, and this brings us back to Dr. Cooper's earlier point that too much pressure can cause a structure to crack", said Dr. Wilson.

"People have to have time to adjust to these changes as they occur. Too many of them occurring too close together can cause emotional disturbance".

When asked whether we were passive in this respect, and if these disruptions occur, that there wasn't much we could do about them, Wilson maintained that, "This is true to a certain extent. Let's say for instance that in a given family there has already been the crisis of the death of a parent during the year. Then let us suppose the oldest daughter gets married and leaves home, a younger son wants later on to go to college in the United States

and a smaller son becomes critically ill and the mother has to go for frequent visits to the hospital to see her son. Now, on top of all this, the father has the opportunity to move to another island district as part of his job. Here is a situation where the family has had enough pressure in one year and great readjustments have to be made by them all in order that they do not suffer from the pressure this has all caused".

"What they might do, if they are aware of the level of friction and stress, is to put off the move created by the husband's job offer until the other situations are all in perspective, and then maybe make the move the following year. This way they avoid more unnecessary pressure. So you see, we are not entirely passive and we can arrange our lives to suit us".

Turning to Dr. Cooper and asking her whether this all boiled down to the ability to say "no" to demands upon us and perhaps even having to be a little selfish sometimes, she said, "Oh, yes. Some people are in a constant "fetch and carry" situation which may from early childhood their parents made many demands on them becasue of having a large family. But they have never managed to get out of that rut and they still take on far more than they are able to cope with. These definitely are the kinds of people who should learn to say 'no'.

"In other words", she was asked, "you are saying that we can definitely manage to avoid a great deal of stress by planning our lives a little better"? Both Dr. Wilson and Dr. Cooper

agreed.

"Managing stress", said Dr. Wilson, "requires a certain ability to step back

Con't next page

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Perspectives...

Stress...

from yourself, at least briefly, in order to consider the impact of any new change, responsibility or demand. It requires, a t times, that you say 'No, not now! There are too many thir happening in my life now for me to take any more changes. Maybe later'. A person who manages stress well can say 'no'. He or she can make a deliberate choice to delay doing something. A person can look at the short and long term benefits of a decision for himself and for others who are important in his life. This puts the person in charge of events instead of always being swept along by them".

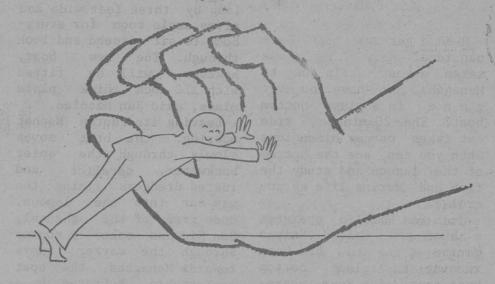
The Variety asked Dr. Wilson and Dr. Cooper for their suggestions of ways in which we might cope with stress once we feel the pressure coming on. "There comes the moment of 'collapse for all of us", they both agreed. "Some people are better able to cope with large amounts of pressure and demands than others. We all know people (whom we usually admire) who seem to be able to go on for ever and take over everybody else's problem as well as their own. Most of us of course are not like that and

we need to really take time out from our problems, learn to relax and let some of the pressure ease off".

"This means different things for different people, but even sitting down for 5 minutes and completely relaxing, letting the mind go blank, can be a life-saver for some. Taking a coffee break, or a quick nap, a few minutes' walk along the beach, watching television - there are endless possibilities and people can choose the things they most prefer to take their minds off their worries. The temporary relaxation is to help the person unwind. People do not reason well when they are 'up tight'."

"For others, physical exertion in the form of sports is the best relaxation they know. Playing a hard game of tennis or swimming a few fast laps may be just what they need. Whatever it is, it is essential that we do take this time out on a regular basis, for in this way there will be no accumulation of pressure".

The Variety wanted to know what advice Dr. Cooper could offer to people who a reunable to identify stress in their lives and she offered, "Stress has certain effects



on people, like undiagnosable or psychosomatic pains, tenseness, painful muscles in the back of the neck and shoulders. Some people take to alcohol to escape responsibilities or demands, which leads to further problems. Also, people under s t r e s s have a generally g l o o m y and pessimistic attitude towards life".

"Someone who suffers from such physical complaints and is confused about h is inability to cope with life needs to talk with h is spouse or a good friend to help clarify his problems. Just the process of describing the situation and getting another's point of view can help greatly. But if none of this helps, then I would definitely urge the p e r s o n to see a trained

counselor. A priest, pastor or Sister can usually be helpful".

Most people will not need to go to these lengths to learn how to adjust to stress in their lives. The comfort of family members who, if asked, will be anxious to help will often be enough to ease the depression build up.

People who would like more information about stress may be interested to read the booklet called "What everyone should know a bout stress" which can be obtained by writing to the Division of Mental Health, Department of Health Services at Headquarters, telephone 9422 or 9355, or stop in at the Variety's Offices where ethere are a number of copies available.



Glass Bottom Boat-Pleasant Way To Managaha

Eve Terzich Staff Writer

Need a get away from Saipan idea? Many of you have taken a boat trip out to Managaha, but have you ever gone in a glass bottom boat? The 20-minute ride out takes on new dimensions when you can see the bottom of the lagoon and study the fish and marine life as you cruise.

Juan San Nicolas operates a business called Saipan Marine Tours and has been running the glass bottom boat tour for four years. His business has gradually been gathering momentum with the increase in the number of tourists.

The boat he uses was made here on Saipan and uses a 40 HP engine. It seats 15 people comfortably, but San Nicolas is enthusias tically looking forward to taking delivery of a new boat presently being built by the same boat builder, which will seat 60 passengers and be powered by twin 200 HP engines.

The present boat has a free floating center section designed to adjust itself to the movement of the waves. This section is

fitted with a sheet of Plexiglass about seven feet long by three feet wide and gives ample room for everybody to sit around and look through. The new boat, however, will be fitted with 1/2 inch thick plate glass, said San Nicolas.

Leaving its Puntan Muchot mooring, the boat slowly through the quiet backwater, derelict rusted dredgers lining the way out into the lagoon. Once free of the channel, San Nicolas makes a course through the marker buoys towards Managaha, the boat comfortably buffeted by a north westerly blowing at about 12 knots. The Captain slows the boat down as we pass over large coral heads and our party enthusiastically leans over the glassed-in section to study the fish and coralloid formations. Children pecially are delighted by the new experience and shriek with delight as they see schools of brightly colored angel fish darting in amongst the coral. For them it's another world.

We pass over the wreck of the Japanese OSAKA MARU, the remnants of the WWII sub and marvel at its chaser, size. It lies half buried

in the white sand of the lagoon and has become an hotel for reef fish, sea cucumbers and barnacles.

Further towards Managaha, off its leward side, lies a sunken single engine American reconnaissance plane and the glass bottom boat makes circles over it as we examine the wing span, the propeller and the fuselage. The plane is remarkably intact, but Mr. San Nicolas was unable to tell us whether it was shot down or had landed in the lagoon because of engine failure.

As we approached the island through a maze of coral heads, the view towards Saipan took in the length of its western face from Marpi to San Antonio, with the grey haze of Tinian in the distance. Picking out landm a r k s like the imposing Inter-Continental Hotel and the less architecturally appealing power barge became an amusing though temporary sport.

Managaha island is perfect picnic spot, ideally situated both in distance and aspect for a day away from Saipan, its uninhabited charm refreshes and revives. Children can run free, adults can laze and read, and snorkellers of all ages can interest themselves for

hours collecting blue star fish and shells in the shallow waters. There are a number of rock pools along the eastern side of the isl a n d, slippery and precarious, in which tiny fish dart about to the fascination of small children.

Large Japanese cannon are hidden in the undergrowth, waiting to be discovered by young boys thrilled to find these tangible left-overs of the last war so accessible. Barbecue pits are plentiful but sadly unkempt. Piles of beer and soda cans litter the area around them creating an unpleasantness out of contrast with the beauty of the rest of the surroundings.

Juan San Nicolas offers his tourist attraction as a package deal through. the different Japanese and local tour agencies, and the price per person depends on the number of people in the party. A deal including trip out and back to the island plus a barbecue lunch is a favorite of Japanese tourists, but he is always happy to arrange private tours, he said.

Along with the glass bottom boat, San Nicolas also has a speed boat for water skiing and he takes groups for trolling and SCUBA diving.

SAIPAN OCEAN SWIM MEET

Several teams from Guam will visit Saipan the weekend of April 2nd for an ocean swim meet. Come watch and cheer Saipan's young team on to victory. Starts 10 a.m. Saturday on the beachfront at the Inter-Continental hotel.

OVER THE REEF YACHT CLUB

Two sailing events for your calendar: April 3 (Sunday) is the date for the re-scheduled brunch and election of Now forming is a children's movie club similar to the club officers at the Inter-Continental Hotel. \$4.50 for

> April 17 is the next monthly sailing race sponsored jointly by the club and the hotel.

> > CARNIVAL

CHILDREN'S MOVIE CLUB

When, What & Where?

MARTIAL ARTS DEMONSTRATION

The Taekwondo Club will demonstrate martial arts at Mt. Carmel gym, on Saturday, March 26, 7:00 p.m. Admission \$1.

Saipan Flicks Club. For an advance fee of \$10, your brunch, no reservations necessary. 10:30 a.m. Come on out children can see about 14 Walt Disney films, shown every to choose your new officers. other week. Sign up now by calling Ted Oxborrow at the Airport Gateway restaurant, 6744.

UNIVERSITY OF GUAM ENGLISH PLACEMENT TEST

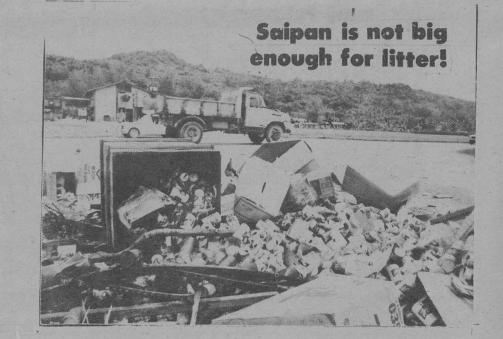
The test will be given Saturday, April 23, 1977, from 8 The Marianas High School is sponsoring a weekend carnia.m. to 12 noon at the Marianas High School (Building C). val, from 3-8 p.m., Saturday, April 7 and 10 a.m. - 10 p.m. Fee \$2.00. You must take either this test or have pre- Sunday, April 8. Egg hunt and other games promised, as well viously passed a college-level English course in order to as a raffle drawing at 4 p.m. Sunday. enroll in the college courses being offered on Saipan this summer. (See below)

SUMMER COLLEGE COURSES OFFERED

Registration begins March 28 for the summer session of classes by the Northern Marianas Community College in conjunction with the University of Guam. In addition to English and Speech, classes in the fields of education, public administration, business and secretarial studies will be offered. One graduate course, introduction to graduate study and research, is on the schedule. Call 9812 for more information.

MARPI HIKE

The Saipan Jogging Club is sponsoring a 4 3/4 mile hike from Escolastica's Store to Alligator Point on Saturday, April 2, at 1:30 p.m. Everyone welcome. Bring your own drink and snack. For details, call Betty or Suzie at 6204.



SPORTS

Saipan Athletic League

HERBERT



Young champs. The Hopwood Junior High School championship girls softball team, with coach John Tenorio, shown after their 7-1 record for the 1977 Saipan Athletic League season. (Photo by Kurt Barnes)

All-Star Basketball Team

The 1977 Boys basketball all-star team was announced here this week by Kurt Barnes, coordinator of the Saipan Athletic League. The Marianas High School (MHS) senior champions won two spots on the all-star team while the other four positions went one each to the other four participating teams.



Nic Ada MHS Senior



Diego Mendiola MHS Junior



Ambrosio Ogumoro MHS Senior



Dan Franz Mt. Carmel



Luis Tilipao MHS Soph



John Wabol Hopwood

WSZETV Program Schedule Week Of March 27-April 2

SUNDAY:

12:30 NBA BASKETPALL

3:00 SPORTS SPECTACULAR

4:00 FACE THE NATIONS

4:30 MEET THE PRESS

5:00 HOUR OF POWER

6:00 REX HUMBARD

7:00 WHO'S WHO

8:00 RHODA 8:30 PHYLLIS

10:00 TALES OF THE UNEX-

MONDAY:

5:30 TARZAN

6:00 CBS EVENING NEWS

6:30 WSZE NEWS

6:45 CHARLIE BROWN

7:15 WORLD OF DISNEY

8:15 TBA

THE JEFFERSONS

BUSTING LOOSE

9:45 MAUDE

10:15 ALL'S FAIR

10:45 TBA

TUESDAY:

5:00 LAND OF THE LOST

5:30 MONSTER SQUAD

6:00 CBS EVENING NEWS

6:30 WSZE NEWS

6:45 BIONIC WOMAN

7:45 MASH

8:15 ONE DAY AT A TIME

8:45 KOJAK

9:45 MOVIE: RAFFERTY &

THE HIGHWAY HUSTLERS

WEDNESDAY:

5:00 BIG JOHN, LITTLE

SPACE GHOST

6:00 CBS EVENING NEWS

6:30 WSZE NEWS

6:45 LET'S GO TO THE RACES

7:15 WELCOME BACK KOTTER

7:45 BARETTA

8:45 SPECIAL: THE MIRACLE

MONTHS

9:45 SPECIAL: THE DEADLIST

SEASON

THURSDAY:

5:00 TBA

5:30 ALMOST ANYTHING GOES

6:00 CBS EVENING NEWS

6:30 WSZE NEWS

6:45 THE WALTONS

7:45 HAWAII FIVE-O

8:45 BARNABY JONES

9:45 BEST SELLERS 10:45

TBA

FRIDAY:

In Re Estate of MARIA BOYER:

PANGELINAN,

5:00 GILLIGAN'S ISLAND 5:30

ODDBALL COUPLE 6:00 CBS EVENING NEWS

6:30

TRIAL DIVISION OF THE HIGH COURT NORTHERN MARIANA ISLANDS

Deceased. :

NOTICE TO CREDITORS

SANFORD & SON

7:15 CHICO & THE MAN

7:45 SONNY & CHER

SPECIAL: THE AFRICAN QUEEN

9:45 HUNTER

10:45 ROCKFORD FILES

SATURDAY:

12:30 ADVENTURES OF BATMAN

1:00 SHAZAM/ISIS HOUR

2:00 FAT ALBERT

2:30 ARK II

3:00 WAY OUT GAMES

CHILDREN'S FILM 3:30

FESTIVAL

4:30 WIDE WORLD OF SPORTS

6:00 CBS EVENING NEWS

6:30 CPO SHARKEY

7:00 MARY TYLER MOORE 7:30 BOB NEWHART

ALL IN THE FAMILY 8:00

8:30 ALICE

CAROL BURNETT SHOW 9:00 10:00

PROBATE CASE

A bucket of excuses not to cook:

bad day to cook. **Great day** for

Kentucky



Visit the Colone

It's a

NOTICE IS HEREBY GIVEN to the Creditors of the above-named decedent that all persons having claims against the said decedent are required to present them, with the necessary vouchers, to the undersigned, Attorney for Administrator, at the Joeten Center, Saipan, Mariana Islands, within six (6) weeks from the date of this Notice.

DATED, this 18th day of March, 1977:

MICHAEL A. WHITE, ESQ. Attorney for Administrator FOR RENT

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