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## PONAPE-PER -

December 22, 1960

"Sentinel of the Semyavins". Editor: R.J. Umhoefer.  
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Ponape, E.C.I., Trust Territory of the Pacific Islands.

## ST. LUKE ii, 1

And it came to pass in those days, that there went out a decree from Caesar Augustus, that all the world should be taxed. (And this taxing was first made when Cyrenius was governor of Syria) And all went to be taxed, every one into his own city. And Joseph also went up from Galilee, out of the city of Nazareth, into Judea, unto the city of David, which is called Bethlehem; (because he was of the house and lineage of David:) to be taxed with Mary his espoused wife, being great with child. And so it was, that, while they were there, the days were accomplished that she should be delivered. And she brought forth her firstborn son, and wrapped him in swaddling clothes, and laid him in a manger; because there was no room for them in the inn. And there were in the same country shepherds abiding in the field keeping watch over their flock by night. And, lo, the angel of the Lord came upon them, and the glory of the Lord shone round about them: and they were sore afraid. And the angel said unto them, Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people. For unto you is born this day in the city of David a Saviour, which is Christ the Lord. And this shall be a sign unto you; Ye shall find the babe wrapped in swaddling clothes, lying in a manger. And suddenly there was with the angel a multitude of the heavenly host praising God, and saying, Glory to God in the highest, and on earth peace, good will toward men.

## MERRY CHRISTMAS -- IKE

"Please give my Christmas greetings to the people of the Trust Territory of the Pacific Islands in the spirit of this season. I know that they are one with men of good will everywhere in the pledge to work unceasingly for the peaceful progress of the free world. Mrs. Eisenhower joins me in extending our best wishes to all for a Happy New Year."

## KENNEDY PICKS UDALL FOR INTERIOR

President-elect John F. Kennedy named a young congressional liberal, Rep. Stewart L. Udall of Arizona, as Secretary of the Interior. He said Udall would bring "vigor and imagination" to the post.

The 40-year-old Udall met with Kennedy in the Carlyle Hotel in New York City before they held a joint news conference to announce Udall's appointment. Kennedy called Udall "an authority in the field of conservation and natural resources" and praised his record in Congress as outstanding.



## UDALL FOR INTERIOR CONTINUED

"The coming years will witness an enormous increase in our need for natural resources if we are to meet our expanding commitments to our own people and to the Free World," Kennedy said.

"Only a vigorous and imaginative administration of the Department of the Interior can assure us of the strength to meet those commitments."

## NUCKER SAYS SENATORS PLEASED

In a letter to District Administrator Maynard Neas the High Commissioner said "The members of the senatorial party enjoyed their brief visit to Ponape and commented favorably on the appearance of the base and the manner in which you and your staff received them. I know the success of this trip was due to the efforts of you and your capable staff. Please extend my appreciation and thanks to all."

## GREETINGS FROM SECRETARY SEATON

"Your associates in the Department join with Mrs. Seaton and me in extending to you and the people of the Trust Territory sincere good wishes for the Christmas season. May the New Year be blessed with peace and happiness."

## PROTESTANT CHRISTMAS SERVICES

Ponapean services include a Christmas Eve program by the children of the Kolonia Church at 7 p.m., December 24, Sunday School at 8 a.m. and Christmas worship service at 9 a.m. on December 25.

An English service will be held on Christmas Day at 2 p.m. with the Reverend Charles-James Bailey of Majuro as speaker. An American children's choir will sing

## MEDICAL CLAIMS

To expedite claims for medical expenses incurred by employees covered under the Government Wide Service Plan, the Personnel Department (Guam) requested and has received a limited supply of Overseas Claim Forms, used in filing for reimbursement. These forms will be retained in the Personnel Department and will be furnished to employees as needed.

## FLIGHT CHANGE

Passengers destined for Majuro on the Tuesday morning flights can now sleep a little later.

The picket boat will leave the dock at 7:45 instead of 6:45 a.m. except when there is a Kwajalein diversion. Passengers should verify the departure hour with the Supply Officer or the Administrative Assistant.



## WAGE HIKE FOR ISLANDERS

High Commissioner Delmas H. Nucker has authorized a general salary increase for all Micronesian employees of the Trust Territory Government to be effective with the pay period beginning January 8, 1961.

This general salary increase will come as a welcome Christmas present to all Micronesian employees, who have found their take-home pay buying power lessened by increased prices in foodstuffs, clothing, building supplies and freight rates. The salary increase varies among the pay grades and in some cases amounts to six per cent while in the lower pay grades it is as high as eleven per cent.

## ASSORTED FACTS ON PALAU

Picked up a PONAPE-PER in the hotel in Koror. It was a week old, but happy to see my name in print. Some fellow from Page (Palau) who didn't know me from a stack of hay said, "That's the best damn paper in the Trust Territory including the Guam News". Crocodile meat tastes like dry chicken. Lots of potsherds evidence of an ancient civilization built around the terraced mounds near Koror. Seventeen kids in dependents' school. Parents pay \$10 per month and the TT ante is \$300.00 per month for ten months. Don't use Calvert, use the text books from year to year and buy globes, charts and other teaching aids. Thirteen miles of roads, lots of holes, 162 registered jeeps, private reefer plant, good local stores and mechanics. Movies once a week at 50 cents a throw. Bar-club and hotel in one operation. Food at the hotel was almost as good as my wife's. Play Bingo once a week. Good crowd and even some of the kids play. Children's party committee functions each month right along with adult party committee. New Years burlesque show directed by DISTAD Mahoney, featuring cancan dancers. Public Works maintains a wonderful ball park with covered grandstand. No pool table, no shuffle board, no juke box. Water cooler in hotel lobby and in the Intermediate school--didn't see one in the Ad building. Very few Siamese cats, 5 Micro-American marriages among TT persons. New hospital under construction. Bachelor quarters like ours. Housing is scattered, 9 o'clock curfew, pop 20 cents a can, fresh eggs and sausage for breakfast, lamb chops with mint jelly for supper. Five Palauans in C Schedule. Tractor caught on fire in filling station at PW docks and immediately put out by three Palauans with CO<sub>2</sub>. Wertz in Guam for TB examination. Things to be thankful for: people on Palau are nice, too.--PTMcN

## CACAO PODS = \$\$\$

The Finance Officer notes an increase in the number of cacao pods being delivered to the cacao processing warehouse by the local farmers. Pilorentino Amor from Uh-Awak, for example, was paid \$11.21 last week for his cacao pod delivery. Cacao is a relatively new source of income in this area and no doubt this extra money will add to the Christmas festivities of each family concerned.

## Commissary Schedule

The Commissary will be open as usual on Friday, December 23. Next week it will be open on Tuesday afternoon, December 27 and Friday afternoon, December 30.



# LET'S LEARN PONAPEAN

Boys and girls, this is lesson number one in the Ponapean first and second grade reader. Of course, being older boys and girls, you will breeze right through it like a freight train passing a tramp. This is a story of a little girl called Meri and her dolly Ester. Also included are a little boy Peter and his puppy.

Edei Meri. I kin mwadong.  
Met Ester. Ih me nei kisin seri.  
Ngehi Piter. I kin mwadong oh tang.  
Met nei kidi. E pil kin kak tang.  
I inenen mwahuki nei kisin kidi.  
Se mwadomwadong. Se mwadong oh tang (1)  
Se tang pohn oaroahr. Se kin tang pohn  
pihk.  
Se inenen mwahuki mwadong pohn pihk.  
Se mwadong pohn oaroahr  
Ester oh kidio (2) mi met.  
Se iang ira (3) mwadong.  
Ira inenen mwahu.  
Ira mwahuki mwadong.

I am called Mary. I play.  
This is Ester. She is my little baby.  
I am Peter. I play and run.  
This is my dog. He also can run.  
I really like my little dog.  
We are playing. We play and run.  
We run on the beach. We run on the sand.  
  
We really like to play on the sand.  
We play on the beach.  
Ester and the dog are here.  
We play with them.  
They are very good.  
They like to play.

- (1) Se is one of the three Ponapean words for We. It however means those persons spoken about but excludes those persons spoken to.
- (2) Kidi means dog. When a noun is followed by "o" such as kidio it means the dog.
- (3) Ira means them. It is restrictive in that it can refer to only two persons. If the little boy has a kidi and a doll and also a kaht (cat) he would have three things and refer to them using irail rather than ira.

Any student who would like to borrow a Ponapean Reader with its very pretty picture to help you read this lesson may do so by coming to the Print Shop and asking for the book on a loan basis.

## CADWELL NOTES CO-OP PROGRESS

In May, 1948, the Ponape Co-operative Company was chartered as a stock corporation by the Trust Territory, to be owned exclusively by the Micronesian residents of Ponape District. This charter set forth the original board of directors and officers. Headed by William Helgenberger, President, these men served until the first stockholders' meeting was held in October, 1959. Presently the 15 member board is headed by Stewo Pelep, President, Leonard Santos, Vice-President, Gaius Edwin, Secretary, and Ioshiro Ohno, Treasurer.

On October 1, 1954, the Co-op was selected to replace the Island Trading Company as copra buyer for Ponape District and the impetus gained from the revenue from handling copra permitted the Co-op to materially expand its efforts. Like all other trading companies in the Trust Territory, the early years of the Co-op were full of ups and downs for it was the birth and growth of an utterly new concept in island business operations.



## CO-OP PROGRESS CONTINUED

The number of stockholders over the years has consistently approximated 600, about fifty per cent of whom live in the outer islands. Facts and figures are not available to trace the history of the Co-op since its inception, but during the past three years the Co-op has liquidated all of its indebtedness; increased the ratio of assets to liabilities from 3.58 to 12.86; increased the book value of each share of stock (par value \$10.00) to \$28.17; the profits for the first six months of 1960 exceeded by more than \$10,000.00 the earnings for the same period of 1958; and dividends have been paid that gave the stockholders more than an adequate return on their investment. The Co-op is currently staffed by 16 Micronesians and one American acting as manager. Six of the employees are full-time workers in the copra operations.

On March 2, 1961, the Co-op will take over the operation of the Ponape Commissary, at which time the commissary will be open  $5\frac{1}{2}$  days per week and the Ponapean people will be permitted, and encouraged, to use these facilities. The grocery department now being operated in the Co-op store will be closed when the commissary operation is started.

The Co-op is increasing emphasis on the development of all trading activities, with special effort being directed to improving the service to the people living on the outer islands.

The future of the Co-op seems bright and those engaged in its operations feel it merits the earnest and increasing support of the Ponapean people.—RC

## FIRST CLASS, SAYS HICOM

Several months ago in a Bureau of the Budget circular, it was suggested that government agencies use less than first class accommodations for air travel whenever possible.

It was the opinion of the High Commissioner that two factors in air travel between the remote Trust Territory area and the United States combined to make use of less than first class accommodations impractical for our purposes. First, the tourist class baggage allowance of 44 pounds, as opposed to 66 pounds on first class, is generally insufficient for the needs of Trust Territory travelers going on extended vacations between employment agreements. Second, from the "personal comfort" viewpoint, the flight time from any district of the Trust Territory to the nearest state (Hawaii) is slightly less than twice the five-hour flight duration mentioned in the Circular.

In view of the factors mentioned above, the High Commissioner has advised the Office of Territories that it was his intention to continue our present policy of allowing first class accommodations for employee travel, in which decision the Director of the Office of Territories has concurred.

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## AT HOME

CHRISTMAS DAY, 2 P.M.

ADA AND BERT PEARCE



# CATHOLIC CHURCH SERVICES

DECEMBER 24

Confessions afternoon and evening.

Midnight Mass starting at 11:45 p.m. with Christmas hymns. 12:00 High Mass; Ponapean and short English sermons. A second Low Mass will follow immediately during which Ponapean carols are sung.

Three rows of benches on the left side will be reserved for Trust Territory and Page personnel and others. Please try to be in the church no later than 11:45 because it will be crowded beyond capacity.

DECEMBER 25

Two Low Masses starting at 7:30 a.m. followed by High Mass at 9:00 a.m.

5:30 p.m. Rosary and Benediction of the Blessed Sacrament.

## GUAM STAFF SENDS GREETINGS

The following message has been received from the High Commissioner: "Headquarters Staff joins me in thanking American and Micronesian District staff members for progress made during past year and extending to you seasons greetings and best wishes for a happy and successful New Year."

## GUEST EDITOR ANSWERED

"If Guest Editor Neas thinks he ruined my glorious, fabulous, yet arduous field trip by his snide editorial in last week's magnificent PONAPE-PER, he is mistaken" rumbled R.J. Umhoefer into his shaving mirror early this morning.

Turning the other cheek, Umhoefer regaled us with an account of his experiences on the Southern Field Trip. According to him, Mrs. Migvar retired soon after Master Mike had sailed the M/V Kaselehlia past the Ponape lighthouse. She was next seen days later indulging herself in a concoction of V-8 juice, lime, Worcestershire sauce, ice and goodness knows what. Dr. Conover, the other American staffer on the trip, busied himself with reading medical journals, reports, analyzing statistical data on leprosy and TB. Occasionally he took a breather long enough to tell Chief Engineer Adams a joke Adams hadn't heard before--a feat in itself. Meanwhile Umhoefer was busy between meals waiting for the next meal to be announced. With Mrs. Migvar confined to quarters by mal de mer, poor old RJU was confronted with a ceremonial display of food at each sitting. Never one to offend the stewburner, he returned to Ponape slightly heavier than when he left. Hard work ashore prevented his becoming obese, he said.

Ngatik, the first stop, proved uncooperative weatherwise. Confused seas and contrary winds of high velocity permitted only one hazardous trip to shore to deliver a bevy of local beauties returning home for the holidays. With assurances from FTO Leonard Santos that he would call again homeward bound, the ship ploughed on to Nukuoro. Here all hands in the FT party went ashore. Dr. Kisino saw patients, Dr. Benjamin yanked a few teeth, Mrs. Migvar, making her first personal appearance in days, looked into educational matters and collected insect specimens for her husband. Mr. Umhoefer was somewhat startled to be greeted by name by a group of local gentlemen. He had not been at Nukuoro for 13 years and hardly expected to be rene



## GUEST EDITOR ANSWERED CONTINUED

bered by the local citizenry. After a customary feast at the magistrate's house, he walked around the island with Mr. Santos. The improvements made since 1947 were impressive.

Returning to the ship at sunset, all hands, except Mrs. Migvar, enjoyed a dinner of roast beef which, according to the colorfully written menu, could be had "rere" or "weldang". The following afternoon found everyone inhaling to make themselves narrower as Master Mike guided the vessel through the narrow and crooked channel that is the only entrance to Kapingamarangi lagoon. Once the sound of anchor chains reached Cabin C wherein lay Mrs. Migvar, she once again made a public appearance and before dinner indulged herself in a concoction of V-8 juice, lime, Worcester's sauce, ice and goodness knows what.

"What", we asked, "were you and Conover doing while Mrs. Migvar was indulging herself?" Looking a little like a wee boy discovered with one hand in the cookie jar, Umhoefer said icily, "Scotch that one, Baby, or we'll all be on the rocks." He quickly changed the subject by saying that even though it was Sunday, plans were made with local officials to begin the TB survey at bird twit next day.

Acting as recorder for Dr. Conover who gave the vaccine shots, Umhoefer noted that all the old men and women and children were lining up at his table. All the young men and lovely island maids had lined up at Dr. Kisino's table. He could understand the children coming to his table, he said, because he was giving them all chewing gum after they were "shot". He could even understand why the island maidens avoided the handsome doctor and his prematurely grey recorder. But the avoidance of the young men—that remains a puzzlement.

Every living person on the atoll, 454 to be exact, received a "shot". During the 3-day wait before readings could be taken of the eruption on each forearm, Mrs. Migvar and Umhoefer were busy with education and governmental matters. Happy to have terra firma underfoot, Mrs. Migvar gathered soil samples from all over the atoll, visiting some of the other 32 islands to gather dirt, pebbles, and sand. In these she planted seeds to demonstrate to the local school children just what soils would encourage germination and support plant growth. Occasionally she could be seen kissing the good earth.

During a lavish feast given to celebrate the visit of Reverend Martin and the field trip party, our editor was reminded that the wife of the late King David had adopted him during his last visit to the atoll in 1947. Carrying a suitable gift to his "mother", RJU paid his respects and came away laden with handicraft and a feeling of inner happiness at having renewed an old and genuine friendship. Winding up a last minute session of the island council at which three new ordinances and a better understanding of the municipal charter were realized, all hands prepared to leave their Polynesian home of five days for Ngatik. Shipboard routine absorbed the time of all, and once again Mrs. Migvar's stomach commenced shrinking to its sea-going size.

Ngatik was reached just before the false dawn. All souls went ashore and worked away another Saturday. Again the weather was inconstant as a medieval wife. Umhoefer and Mrs. Migvar, in separate trips across the reef, came close to Nirvana as the breakers dropped tons of green sand-laden water into the boat which ended up on its sternpiece with the bow looking straight into Heaven. Never did Mrs. Migvar



## EDITOR ANSWERED CONTINUED

dream she would be so happy to set foot on a ship as on that afternoon. Umhoefer, who blushing admits he cannot swim a stroke, reportedly indulged himself with a strange concoction having rocks as a basic ingredient.

Sunday morning found Master Mike guiding the M/V Kaselehlia up to Net Point dock as deftly as a man parking his new Cadillac. Clearing the gap betwixt ship and dock, Mrs. Migvar was first ashore, and so ended the trip "made at government expense" as that editorial said. None of the field trip party has any bitter retaliation in his heart this Christmas season, so all agreed that working and risking life and limb Saturdays and Sundays was only fair while the Guest Editor sniffed his Napoleon brandy on Saturdays and Sundays at no expense to the government.

—Ursula Japonica Ribald

## Invitation from Yvette and Jack

Yvette and Jack Adams extend an invitation to all Club Kolonia members to continue greeting the New Year at a Sake Party and Cold Buffet at the Carlos Etscheit residence on Monday, January 2, at 5 p.m.

## MESSAGE FROM LAUSI

"On behalf of the staff of the Office of Territories I extend to you and to the people of the Trust Territory greetings for the Christmas season. We wish for all a New Year of peace, happiness and continued progress."

## DR. CIRO TALKS OF HEALTH IN THE TROPICS

Those who consider the tropics a glamorous place where people live in exotic surroundings are likely to be lulled into a careless state of mind in which they do not give sufficient thought to health hazards. The right thing to do is to seek out the facts and adjust one's living according to the facts. Life can be safe from the start, comfortable and pleasant under most tropical conditions. There is no need to be too concerned because some conditions are new or unknown to travellers. Tropical diseases in general are well understood, are preventable, are for the most part susceptible to cure by modern methods of treatment.

In the tropics as elsewhere, if proper attention is given to personal hygiene and certain elementary safeguards, there is little reason why health should be bad. To get along well in the tropics it is necessary to be alert and aware of certain health habits and to take a few extra sanitary precautions having to do with preparation of food, purification of water which in most parts of the tropics is contaminated because of lack of facilities for purification and therefore should be boiled before use. Care should be taken to prevent bites of certain insects which commonly infect man with filariasis and malaria in some parts of the tropics.



## DR. CIRO TALKS CONTINUED

Climate - Appropriate clothing, adequate rest, reasonable working hours and a balanced diet including enough water and salt, participation in the activities of the people with whom one lives, will help one's well being. Excessive sun bathing is never wise in the tropics.

Water - Be aware of simple diarrhea, amoebic and bacillary dysentery which contaminated water might cause. Water should be boiled or chlorinated before drinking.

Food - Foods are easily spoiled in the tropics and may cause the same diseases as contaminated water. There are some important diseases that contaminated food may cause. Principal danger is botulinus poisoning or salmonella group food poisoning. Tinned foods are good but at times may be spoiled and should be discarded. There are some meats that might harbor parasites and, therefore, food, especially meat, should be well cooked to kill these parasites.

Insect bites - Bites from insects may cause such diseases as malaria, filariasis, and tissue poisoning. One should be on the safe side and have DDT, aerosol spray and mosquito netting to protect against such bites.

Immunization - Children and adults should be vaccinated against smallpox, typhoid, tetanus, and poliomyelitis. Remember that prevention is always better than cure.

Skin Infection - Daily bathing, thorough and careful drying of the skin, especially the folds of the skin, will prevent skin infection.

Rest - Eight hours of night sleep, mild exercise, never exercise to the point of exhaustion. One should have medical and dental examinations at regular intervals.

Housing - Houses should be made to have proper ventilation. They should be protected from the sunlight by large porches and overhanging roofs. Clothing should be kept in hot lockers if available or be put under the direct sunlight at least once every two weeks.

Last of all, be aware of the so-called HOLIDAY SYNDROME which is known to occur during the religious and holiday activities. To say it in simpler words, this is a disease which occurs in people who feel depressed, irritated, anxious, and have a feeling of helplessness during these holidays which extend from Thanksgiving Day to the New Year holiday.--Dr.C.B.

## HOLIDAY CALENDAR

(See pages 2 and 6 for church notices)

THURSDAY, December 22 - PICS Christmas party scheduled for tonight has been postponed until Monday, December 26.

FRIDAY, December 23

0800

Triangular track meet (Intermediate School, Ohwa and Catholic Mission) at Intermediate Campus. Mr. Neas will open event.



# HOLIDAY CALENDAR CONTINUED

FRIDAY, December 23

1000

Dependent school program, Catholic Mission

0800-

1200

Kolonia Elementary School Christmas program

1830

Repeat of Dependent School program at Catholic Mission. Parents and friends are invited.

Evening

Departmental Christmas Parties

SATURDAY, December 24

1630

Club Kolonia children's party

1800

Intermediate School party

SUNDAY, December 25

1400

AT HOME, Ada and Bert Pearce

1900

Cocktails, cold buffet supper for Club Kolonia members at the Club.

MONDAY, December 26

1900

PICS Christmas Party

SATURDAY, December 31

2000

New Year's Eve Costume Ball at Club Kolonia

MONDAY, January 2

1700

Sake Party and Cold Buffet hosted by Yvette and Jack Adams at Carlos Etscheit home.

## For Sale

DEEP FREEZE: 12 cu.ft., upright. \$150.00. Easy payments if desired. Call or see Editor, Ponape-per.

## PLANE DUE TUESDAY

TAL flight schedules have been changed because of the holidays. Flight 400/26 will arrive Ponape December 27, return to Guam on the 29th. The flight to Palau will make a turnaround on December 30. This schedule will be repeated the following week.

PLEASE, PLEASE, PLEASE!

Personnel planning to invite incoming plane passengers or the plane crew to dinner should advise the Administrative Assistant as soon as possible in order that the hotel will not make unnecessary preparations for these visitors.