

**Grace Caligtan**

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**From:** Grace Caligtan  
**Sent:** Thursday, January 16, 2003 4:53 PM  
**To:** [REDACTED]  
**Subject:** Urban Babaylan's first full moon gathering



## URBAN BABAYLAN

**Yes, my sistahs it's happening!  
The first ever urban babaylan full moon  
gathering and potluck  
January 18, 2003, 6:00 p.m.**

**questions?** [REDACTED]

**Join other pinay sistah-seekers on their path to wholeness and connection to spirit:  
Come to this initial exploratory meeting and gather with other woman  
of the filipino diaspora in a full moon meditation circle.**

**circle format:**

**Check in and introductions:  
What is a babaylan? Is she me?  
Opening period of grounding, centering, and meditation  
Blessing and food  
Talk-story  
Closing ritual**

*"While women are often polarized by society into being either angels or whores, homemakers or public figures, aggressive bitches or the sweet girl-next-door, the female babaylan transcends these crude extremes by inhabiting a world of connection and balance: she is the primary mediator between the spirit world and the human world-- inextricably connected with the earth and earthly beings while also existing on a spiritual level, above and beyond that of her earthly consorts. The babaylan is a public leader through her nurturing powers; she "safeguards the psychic equilibrium" of her community by ensuring that the deceased are honored and consulted, the sick are cured, and future catastrophes are predicted and thereby prevented." from **BABAYLAN RISING** by Aimee Suzara*

see: <http://www.pusod.org/CallofNature/2001/babaylan.html>