



LIFE IN THESE PARTS...

New Breed of Ambulance Chasers? We noticed the following ad in the Jul 23 Sunday Advertiser: "Urgent news for people who took Rezulin...Many diabetes patients who took the drug Rezulin have experienced serious liver problems, including symptoms of jaundice, or dark urine. Some have developed liver failure and need liver transplants, while others have even died. If you or a family members used Rezulin and have had any of these problems, call us immediately, so we can evaluate your potential claim against the drug manufacturer. Your legal rights have time deadlines so call today, toll free from anywhere in the U.S. at 1-800-The EAGLE for a free consultation. We practice law only in Arizona, but associate with lawyers throughout the U.S. to help injured people across the country..."

*TOLDBERG & OSBORE
The Injury Lawyers*

POTPOURRI...

THE CURE... A man had been suffering with profound headaches for many years. Finally, after a variety of tests, his doctor isolated the cause. In the office, the doctor explained, "Well, Fred, we've found out why you're getting those headaches. You see, your testicles are pressed against the base of your spine. I'm afraid the only cure is castration."

Fred, who was desperate for relief, agreed to the surgery and miraculously the headaches vanished!

Leaving the hospital, Fred thought he'd never felt so good. Passing a men's wear shop, he decided to indulge in some new clothes to go with his new outlook on life. He spotted a sharp blazer and was looking it over when a clerk said, "Chest, 48 inches."

"That's right," said Fred. "How did you know?"

"It's my job to know," replied the clerk. "How about some shoes to go with the blazer?"

"Why not," said Fred

"Size 10 1/2 triple-E."

"Right again! How did you know?"

"It's my job to know. Maybe some slacks to complete the outfit...38 waist and a 34 leg."

"Ah ha! You're wrong," barked Fred. "I've been wearing pants with a 34 inch waist for years."

"No way!" shot back the clerk. "If you wear pants that tight, your nuts will press into your spine so hard you'll get a terrible headache."

Stiches Jan 2000

Medical Tid Bits...

Cox 2 Inhibitors and Colon Cancer: Preliminary findings suggest that Cox-2 inhibitors may one day help prevent colon cancer. Researchers used high doses of Cox-2 inhibitors in patients with familial adenomatous polyposis. After six months, the number of potentially malignant polyps was reduced 25%.

Seizures: A study indicates that 25% of patients

thought to have epilepsy are actually suffering from low blood pressure, heart rhythm problems or panic attacks. Clues that epilepsy is not the culprit becomes evident when the attacks occur while the patient is sitting or standing and the epilepsy medication doesn't help.

Estrogen & Heart Disease: At the March meeting of the American College of Cardiology in Anaheim, David Herrington of Wake Forest School of Medicine reported that estrogen with or without progesterin has no effect on coronary arteries... The latest studies indicate that estrogen increases heart problems during the first year, but benefits the heart after three years...

MEDICAL TID BITS...

Super Drug: The FDA has approved Zyvox, the first entirely new type antibiotic in 35 years. Zyvox is approved for staph, pneumonia and other serious infections...

Error in the ER: If you go to the ER with chest pain, ER physicians will correctly diagnose and admit patients with MI and unstable angina 98% of the time. Still that leaves 26,000 patients erroneously sent home. What's more ER physicians will misdiagnose in women under age 55, African Americans Hispanics and other minorities...

It's Back: Physicians had prescribed TICLID for years to prevent clots in angioplasty, but when TICLID was linked to TTP (Thrombotic Thrombocytopenic Purpura), they turned to a less toxic PLAVIX. But now researchers have found TTP in PLAVIX users as well...

Fiber: Two new studies reported in the NEJM suggest that fiber may not protect against colon cancer. But there are other studies with solid research that indicate fiber lowers blood pressure, lowers blood cholesterol and prevents the onset of Type II diabetes.

POTPOURRI...

I interviewed a new patient who was fairly nonchalant when asked if she had any problems with her previous pregnancies...

"No, not really," she grinned, "but for the last one, they had to seduce me with spit." (For non-OB's that translates as "They had to induce me with pit or pitocin")

C. Lynne Conrad-Forrest MD Davis Calif

My mother noticed lots of tiny insects on her rose bush...So she sprayed it thoroughly. The next day, the pests were dead, but instead of dropping off, they were all stuck firmly in place. She had accidentally covered them with hair spray...

Derek Osborne

POTPOURRI...

Two psychiatrists met on the street one late afternoon...

"George, I don't know how you do it, a man your age! Here you are looking like you were just starting out. How can you look so fresh after listening to patients complain all day?"

The elder doctor replied, "Who listens?"

POTPOURRI...

During rounds, the attending points out an X-ray to a group of interns: "As you can see," she says, "The patient limps because his left fibula and tibia are radially arched...Michael, what would you do in a case like this?"

"Well," ponders the intern, "I suppose I'd limp too."

Travis Cream

An asteroid hits the speakers platform at a Seattle Conference Center and Al Gore, George Bush and Bill Gates all arrive in Heaven at the same time. They are greeted by God sitting on his golden throne. God speaks to Gore, asking what he believes in.

"I believe in the Internet and a clean environment," Gore replies.

"Very good," the Almighty says, "Come sit near me." Then he asks George Bush the same question.

"I believe in cutting taxes and taking good care of the military," says Bush.

"Excellent," says God. "Come sit near me." Then he asks Bill Gates what he believes in...

"I believe," Gates replies, "you're sitting in my chair."

Jacqueline Brown

MEDICAL TID BITS...

Brain Gymnastics: At a meeting of the American Academy of Neurology in May, two groups of neurologists from University Hospitals and Case Western Reserve in Cleveland, reported that people who remain active outside of work by taking up stimulating activities (as painting, gardening or playing musical instruments) were three times less likely to develop Alzheimers. The Cleveland researchers found that intellectual activities were relatively more protective than physical ones...

The National Institute on Aging launched a research trial to see if Naproxen or Vioxx (Cox-2 inhibitor) can delay the onset of Alzheimers. Another study compares the effectiveness of Aricept with Vit E...

EROS Envy: The FDA has approved the EROS Clitoral Therapy Device (A soft plastic cup placed over the clitoris and operated by a palm sized battery pump...In trials, 80% of women with female sexual arousal disorder reported satisfaction and 55% said they could reach orgasm more easily (The price: \$350 and a doctor's prescription)

HERCEPTIN: Since 1998, the gene spliced drug, HERCEPTIN has stemmed the growth of breast cancer in tens of thousands of women, but its maker Genentech is alerting physicians to

possible adverse effects in a small percentage of patients with lung problems and who did not respond to chemotherapy...

MEDICAL TID BITS...

Heart Throbs... JAMA reports that 1/3 of all men and women feel no muscle pain during a heart attack. Heart attack victims without chest pain put off going to the hospital for two hours... John Canto, Univ of Alabama cardiologist and lead author explains why a heart attack patient without chest pain is twice as likely to die at the hospital. "Time is (heart) muscle and muscle is life."

From a computerized basis of 430,000 heart attack patients, Canto and colleagues determined six major risk factors that increase the chance of a typical heart attack:

- a) Congestive heart failure;
- b) Diabetes;
- c) Hx of stroke;
- d) Age 65+; e) Female gender;
- f) Minority group...

Besides chest pain, the next biggest tip-off is extreme shortness of breath... Other less specific sy's include nausea, profuse sweating, and fainting. Some patients have a sudden overwhelming sense of doom or pain under their scapula. Another clue is any heart burn that gets worse with exertion...

"Call an ambulance and chew on a 325mg aspirin" says Margaret Legato, director of the Partnership for Women's Health at Columbia...

Medical Tid Bits...

Acute Respiratory Distress Syndrome: The syndrome occurs in pneumonia, trauma patients and in patients undergoing major surgery. An estimated 100,000 Americans develop the syndrome each year with half dying.

A new study shows that the ICU physician can save many of these patients by setting the respirators slower so that less air is delivered per Thomas Stewart, director of ICU at Mount Sinai Hospital in Toronto...

Blood Pressure Alert: The National Heart Lung and Blood Institute (NHLBI) compared traditional diuretics with three newer drugs. Patients on CARDURA had 25% more cardiovascular events and were twice as likely to be hospitalized as compared to patients on chlorothalidone. The NHLBI advises that hypertensive patients on alpha blockers (Hytrin and Minipress) should be on alternative drugs...

POTPOURRI...

Nothing There...

Back in the early 70's, I was a doctor at the Student Health Service... In those days, many girls went around "au nouveou" or bra less...

One day a skinny little coed came in with a sore throat. Naturally at that age, she had to be checked for infectious mononucleosis. I explained to her that I had to check her axillary lymph nodes... I proceeded to slide my hand under the sweater and completed the exam. Finding no nodes, I was pleased to announce, "There's nothing there." She replied, "I've been told that before."

*Dr. Daniel Andrews
Waterloo Ont.*

How's that Again? In the Coldwater Michigan Daily Reporter: "Man Hits Dog On Motorcycle."

Public Notice in USA Today: "Anchorage: The state board of fisheries is considering whether to impose seasonal catch limits on tourists."

From an El Paso, Texas, politician's ad: "Our communities need a partner in crime and that partner should be the city government."


Quotable Quotes:

"Usefulness is not impaired by imperfection... You can still drink from a chipped cup..." *Greta Nagel*

"I listen to critics because often they're a good source of information for what you have to do differently." *John Chambers*

"A truly great person is one who gives you a chance." *Paul Duffy*

*World Conference
On
Assisted Dying*

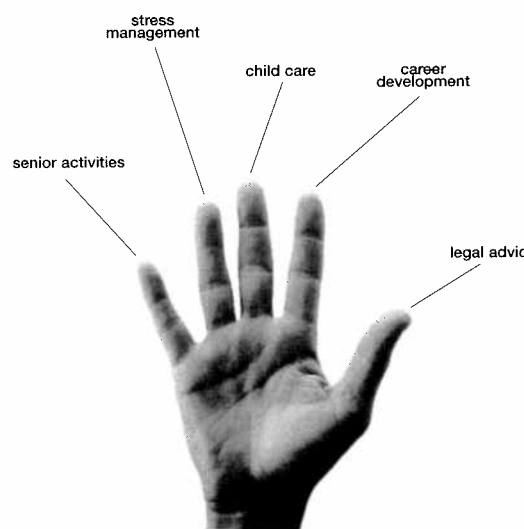


*Sept 1-3, 2000
Boston Park Plaza*

ASSISTED DYING IS A HUMANE ALTERNATIVE


- Hear doctors, lawyers, and ethicists from around the world discuss how assisted dying is working now!
- See the *first-ever* Right to Die FILM FESTIVAL
- Meet family members who have participated in assisted dying

Call 800-247-7421 for information, or visit the web at www.hemlock.org, or email to world@hemlock.org



Over 4,000 services. Right at your, well, you know.

Ask Aloha United Way is a great community service where you can get answers to your everyday questions. Just visit askalohaunitedway.org or call 275-2000 (877-275-6595 toll-free from the neighbor islands).



Aloha United Way
Together, making lives better