

# SUPER JUANIS

Vol. 5, No. 7

MAY 9, 1977

FIFTEEN CENTS

## INTERVIEWS

### STUDENTS OF THE WEEK



We are very fortunate to have a kind-looking guy from Kosrae District to be the Student of the Week. Milson Nena was born in Utwa Village. He grew up there, and when he reached the age of six, he started his education at the Utwa Elementary School. He was a very fast runner, and as well, a smart student.

He graduated from the Kosrae High School in May, 1976 and Milson came to Ponape for a visit. While on Ponape, he came to CCM to visit his friends. At the same time, he really liked the school, and he decided to attend. But first, he went back to Kosrae and informed his parents. So Milson Nena is now attending CCM.

"How do you like CCM compared to Kosrae High School?" "Well, I really like it because there is no hair style requirement. I've been learning many things from the CCM teachers and mostly, I got acquainted with students from different districts in Micronesia."

He included, "CCM is a college for Micronesia, and I have to attend."

Palikna



Our "Student of the Week" turns out to be charming, well-built guy named Semeai Mongkeya. He's about nineteen years now. It's not hard to tell who Semeai is by his curly hair and his heavy sideburns. He's quite a guy.

Mr. Mongkeya was born in Tafunsek, Kosrae. When he was eight years old, he started his first step of education; he enrolled in Tafunsek Elementary School as a first grader. When he was twelve, his best sport was wrestling.

On May 27th, 1972, he graduated from that elementary; he then transferred to Kosrae High School. As a Freshman, he didn't do so well, and at the same time, he realized how important his schooling was. So he faced his task devotedly. While in his sophomore and junior years, he did a lot better, and Semeai became recognized among his fellow classmates.

He graduated from Kosrae High School on June 22, 1976, and he was informed that he was accepted to C.C.M. In the end, he left for C.C.M. on schedule. "What do you think about this developing college?" he was asked. "Well, the life is much more different," he replied.

Spaster Tolena

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STAFF OF THE WEEK

GEORGE MONTAGUE



Our Student of the Week for this week's issue is a quite talented young lady by the name of Mary Dorang from a very lovely village, Wanyan, in Gagil Municipality in Yap District.

Mrs. Dorang was born in Palikir here on Ponape. When she was nine years of age, she attended Palikir Elementary School. Then she went to Yap with her parents. While on Yap, she attended Gagil Elementary School and finished in 1969. She then became accepted at Yap High School, and in 1973, she successfully graduated. During her senior year at Y.H.S., she applied for "On-the-Job-Training" as a teacher-trainee at her municipal school.

Upon completion of her "On-the-Job-Training," she became a regular teacher. Mary taught two subjects: science and math to the sixth and fourth graders.

Mary applied and was accepted to the Community College of Micronesia in the summer of 1976 as a full-time student, majoring in Elementary Education. Miss Dorang plans to teach at her municipal elementary school again, if possible.

When she was asked of something she really is longing for, but is hard to get because of its rareness, she turned pale and answered in a very low, sad voice, (with her lips shaking), that the only thing she is longing for is Tamagow-ni-tal (twisted tobacco). She waited for a moment and smiled, "Oh, and a piece of taro and barbequed fish." She stated that when she goes back home, she is going to eat more and more taro and barbequed fish and chew more and more twisted tobacco with betelnuts.

Mary Dorang likes having conversation with friends, cooking, playing volleyball and tetherball, and dancing (Yapese dance). She is very good in all Yapese dances, and you can see for yourself the next time we have our "Dance Events."

Fran Filmed

Q: Well, let's start by knowing your interest here in Micronesia and what influenced you to work here at our lovely CCM. Why do you want to work for Micronesians?

A: Well, I'm interested in working here. I might also get to handle a job back in Kansas City. By the way, I'm emotionally involved. I came here to work and save some money. It is actually like a contract between two people.

Q: How long have you been working for CCM and do you like it or not?

A: I have been working here at CCM for about one year. I came here in 1976, and I do like it as well as other places.

Q: Are you planning to remain in the future here in the same position? Why or why not?

A: Very honestly, I really don't know about continuing here or not. I may move on very soon.

Q: What do you think about our money problems or food, housing, activities, etc.? Do you think they'll be improved?

A: Of course. We don't have any serious problems here at CCM.

Q: What is your feeling of having the proposed CCM campus at Palikir, Ponape?

A: Very briefly, I agree with Dr. Harlan's report that we should have a good solid program in order to establish an improved institution.

Q: What is the name of your wife and how many kids do you have so far?

A: I once had a wife for about twenty years. Finally, she asked me to leave her. Anyway, we quietly separated. I had 3 kids; the older one, Martha, is 23 years old; second oldest, Meridita, 21 years old, and the youngest one is Michael, 14.

(CONT. PAGE 4)

Q: How have you tried to work closely with the students and get acquainted with every one of them?

A: Wow! The students are nice and kind. When I shout at them, they respond to it and shout at me again. There is a very close relationship between me and the students I may say.

Q: You have been saying some bad phrases with things you say. Do you feel comfortable doing it or not?

A: Well, I enjoy saying them and I feel comfortable in doing so.

John Alik



*Iris*

TEACHERS OF THE WEEK

Mrs. Rosalie Baker

By John Alik

Q: Perhaps we should begin this interview by discussing your early days, especially when you were growing up, the schools you attended and what you wanted to do when you grew up.

A: All through high school I wanted to be a teacher. I probably got the idea from my three older sisters who are all teachers. Since I really liked my French classes, I decided to be a French teacher.

Q: Where did you go for your college education and what did you study?

A: By the time I went to the college of St. Francis, I started to change my mind about what I wanted to do with foreign languages. I began to study Spanish and continued to study French with the goal of becoming a translator-interpreter.

(CONT. NEXT COLUMN)

Q: Could you elaborate more on the type of jobs and the responsibilities you held while you were working?

A: In fact, the first job I got after graduation from college was as a translator-interpreter for French, Spanish, Italian and English in Washington, D.C. I know I would have enjoyed continuing with this work if Fred and I had not decided to move to Thailand after our marriage.

Q: Did you enjoy teaching in the first years?

A: It was in Thailand where I first started to teach. I worked with both children and adults in the area of English as a Foreign Language. When we returned to the U.S. after two years, I got an M.A. in French as well as a teaching certificate since I definitely knew that I wanted to continue in the field of education. I taught at the college level for three years before coming to Micronesia. I love working with young (or old) people in Micronesia.

Q: What will be the main thrust of your position in terms of goals and objectives for the next year?

A: When I finish teaching at CCM in June, I hope it won't be the end of my time spent in the T.T. Fred and I hope to go to Palau to teach in the summer extension program. On our way back to the U.S., we'd also like to visit the districts. I feel very strongly about wanting to get to know some of my students' home islands. I only wish there would have been the opportunity to do this sooner. It's so much easier to work and share with someone when you know where he's from. It's very difficult to learn about all Micronesia long distance from Ponape. The extension program with CCM teachers is an excellent idea!

When my family and I return to the U.S. we'll probably be settling in Michigan again where Fred will teach for Central Michigan University. My sons, John and Michael, will probably be in pre-school which will allow me to continue teaching, at least part-time. I would also like to do further study in bilingual education, which would enable me to work with minority groups effectively. Eventually, I would like to work overseas again after my sons get a good start in school.

(CONT. NEXT PAGE)

Q: You will, of course, work closely with your students in order to develop and improve their educational development and advancement. How are you going to conduct these activities? Do you like working here at CCM? Why or why not?

A: I always enjoyed working here at CCM because of the friendly and cooperative and eager students and also because of the freedom I have in the classroom. In any course I've taught here, I've tried to improve the basic English skills of my students by giving them a wide variety of learning experiences. Lectures can be boring for both teachers and students. Class discussions, small group, visual aids--- all of these have become part of my classes. Students are more comfortable in some part of activities than others. By offering a wide range of these activities, every student in the class will hopefully be able to learn in the way that fits him or her best. Students should try to be aware of what they learn best and also of how they can become more comfortable with other ways of learning. I really wish students would start to question what happens in the classroom. You don't have to sit there and just take notes all of the time!

Yes, I have enjoyed my time at CCM. The time has passed by very quickly. I have made many friends whom I hope I will see again!

Norma Edwards is our Teacher of the Week for this week's issue. Norma was born in September, 1936 in the state of Connecticut.

Norma Edwards holds two degrees: Bachelor of Science degree in Education and History, and a Master of Science degree in Teacher Training and Gerontology (the study of aging), from Syracuse University in New York.

Upon completion of her studies at that university, she became a teacher there for only educational courses. She worked for two years, then transferred and worked for the Teacher Corps Program (TCP). After a few years of working at TCP, she decided to work in a country other than her own. So she volunteered for the Peace Corps, and in July of 1975 she came to Micronesia as a Ponape Peace Corps Volunteer.

Norma was then appointed to UH Municipality to teach at the Saladak Elementary School. She taught for one school year, then transferred to PONTEC. While she is presently serving PONTEC, she is also serving CCM by teaching Business Management to the students.

Norma has three grown children on the Mainland, and her first husband unfortunately died in an automobile accident. Luckily, Norma has now found a new husband, Mr. Alsanter Hedgar. The couple is residing in UH Municipality.

When the completion of her Peace Corps contract ends in June of this year, she hopes to further her stay here either on Ponape or some other place in Micronesia. Norma loves Micronesia very much because of the people and the climate.

Thank you Norma for your time, and we wish you good luck!

Fran Filmed



GUEST OF THE WEEK

We have in our publication this week, Mr. Sindau Kalio of Lukop, Madolenihmw. This nice spirited gentleman could easily be seen in town and almost everywhere you go. He's got a well-built body and hair like the Indians. He's about 5'5" with an everyday smiling face. Whenever you see him, just kindly say, "Hullo, Sindau," and he'll treat you the best way anybody could be treated, but, you should be a little careful because he's just like the headless Horseman.

Mr. Sindau Kalio graduated from Lukop Elementary School and got accepted at PICS High School. He studied there for four consecutive years. Sindau likes school, he said, and hopes to further his education on the Mainland. While still on Ponape, he's doing some *si'urby*. He hopes to be off Ponape this fall, 1977.

THE UNLUCKY COUPLE

On the very first day of March, 1977, a tragic situation occurred in Madolenihmw. A house caught on fire belonging to Mr. and Mrs. John Lever Ringlen. He and his wife are both working at PATS. He's in the mechanics department and his wife cooks for the students. His responsibilities also include driving the PATS vehicles and motorboats.

After work that day, they returned, but not to their house. They went to another house to drink sakau en Pohnpei. While at this neighbor's house, the wife helped out with the cooking. That was around 10 o'clock. They both had about 4 cups of sakau, and suddenly, the wife saw a very bright and shiny ray of light pointing upward. At that very moment, she cried because she knew that their house was on fire. Even all of the other people saw the bright light; the father also cried. They all went to that place, and they found the house burnt to ashes.

The cause of the fire was reported to be a man who was burning a rubber tree about thirty yards away from the house. The wind was quite strong in that area. Possibly, the wind carried some leaves of the burning tree to the house and caused the fire.

The house got completely burned up with all their belongings - clothing, money, a rifle, a brand new cassette recorder, a metal stove, 4 suit-cases, and two chickens tied to a tree outside the house. That was quite a disaster. The couple cried because they lost all they had including money.

It's so sad because they were keeping the money for John's father's trip to Hawaii. He was to accompany a child to a hospital in Hawaii and the Ringlen's contribution went up in smoke, literally. That was the first and very, very sad case to happen in Madolenihmw.

Early the next day, the husband couldn't go to work because he had no dry clothes; only the wife went because her clothes were still dry. They were given some assistance from the priests at PATS. Clothes were also given by friends.

When they went to John's father, he told them to pray and have hope. The couple prayed and sought help from God. They prayed and hoped for better fortune in the future.

During the first weeks of February, the rain seemed to stop pouring on this island. From then on, there was little or no rain at all. This caused the island to dry up and also made the road so dusty.

The Ponapeans took advantage of it, by killing the unwanted plants on their lands by burning them down. While resting from their labors at night, few realized that the fires were still kindling and spreading. There were many areas in which this took place. So the owners called the Fire Dept. for assistance, and this gave them a hard time extinguishing the fires. I should say that the firetruck kept moving like a "hero on the move." The Ponapeans suffered a lot; in addition, the water line started limiting the amount of water to be used. So the Fire Dept. wasn't be able to rest, until the rain started coming back.

Spaster Tolenoa

FEATURES

FAIRY TALES

Once upon a time there was a frog. But he was not really a frog. He was a prince who looked and felt like a frog. A wicked witch had cast a spell on him. Only the kiss of a beautiful young maiden could save him. But since when do cute chicks kiss frogs? So there he sat unloved, a prince in frog form.

But miracles happen. One day a beautiful maiden grabbed him up and gave him a big smack.

Crash-boom-zap! There he was, a handsome prince. And you know the rest. They lived happily ever after.

Moral Observation:

So what is the task of the school? To kiss a frog, of course.

(Submitted by Spaster)





A long time ago in Yep, the island was over-populated and food was scarce. Many people died from hunger. A story began like this: During this hardship, there was a couple who had only one son. The family planned that the father would go fishing, the mother would get food, and the son would take care of the house during the absence of his parents.

One day, when the father went fishing, the son was very anxious staying home all day long by himself, so he asked a favor of his mother: to seek food for the family. He started off to the forest, and suddenly he saw a big house which, in its yard, had a lot of breadfruit trees with breadfruits on them. He decided to steal some and take them home. While he was picking some, a giant named Baury grabbed him and tied him to the trunk of that tree.

(CONT. NEXT COLUMN)

A day passed, but there was no return of the boy. So his parents went searching for him. Finally they went to Baury's house, and Baury was there still planning what to do with the boy. The parents asked him for forgiveness, to release their poor boy. Baury told the parents that he would release the boy if they would give him a certain amount of fish. The giant warned them that when they came back the next day with the fish, they wouldn't bring any flower, for he was afraid of flowers. The parents also warned the giant that they were afraid of meat and all kind of delicious food, except for breadfruit. The next day, Baury planned to scare the parents, so he cooked all the meats and all the delicious food he had, except breadfruit. When the parents arrived with the fish, they hid some flowers in their baskets. Baury was really happy, and when he got the fish, he threw the food to the parents in order to scare them away so that he wouldn't release the boy. The parents picked up the food and started taking out the flowers.

Once Baury saw the flowers, he ran and ran away. The father ran after him with the flowers in his hands. They ran to the end of the island, and Baury was afraid of sea too. So he ran into a crab's hole in the ground, and the man put the flowers in the mouth of the hole. Baury couldn't come out, and at times, he had stomach pains. When he asked Mr. Crab for the toilet, Crab told him that his toilet was on the ground. Baury was too afraid to go out, and since he was really anxious, he went to Crab's bed and did what he had to do. Crab got mad and killed Baury, and the family became rich after his death.

Fran Filmed



EDITORIAL

February 16, 1977

The Honorable Peter T. Coleman  
Acting High Commissioner  
Trust Territory of the Pacific Islands  
Saipan, Marianas Islands 96950

Dear Mr. Coleman:

Yesterday afternoon members of the Micronesia Board of Education were present by invitation at a joint hearing before the Congress of Micronesia's Senate Committee on Education and Social Affairs and House Committee on Education and Social Matters. The purpose of this hearing was to review the draft of the President's Report to the U.S. Congress on a College for Micronesia. Dr. Douglas Harlan, who prepared the draft, was the principal witness.

Yesterday morning Board members also participated in a three hour meeting with Dr. Harlan and the Headquarters Education staff on the same draft report. At both the morning meeting and the afternoon hearing, Dr. Harlan reviewed in depth and answered questions about his draft report.

Dr. Harlan pointed out that his task in preparing this study was to fulfill the requirements of U.S. Public Law 94-255. This law requires that the President of the United States submit to the U.S. Congress a study to determine the educational need and the most suitable educational concept for a four-year college to serve the Micronesian Community. They study must also contain the President's recommendations. As Dr. Harlan further pointed out, the U.S. Congress by his law authorized \$8 million to construct facilities for such a college, but appropriation of the money was withheld until receipt and review of the study and the recommendations.

Dr. Harlan said that in preparing his study and recommendations he interviewed over three hundred Micronesian citizens in five of the six districts of the Territory. He said that he had also interviewed members of the Trusteeship Council of the United Nations, and staff members of appropriate committees of the U.S. Congress. Dr. Harlan said that he had been told by the U.S. Senate staff members whom he had interviewed that even if he were to recommend authorization of funds for construction of facilities for the college, such authorization would not be approved by the Senate Committee.

Dr. Harlan stated that as a result of his research, it was his professional opinion that construction of facilities for a college in Micronesia was of low priority, and therefore he could not in good conscience recommend authorization of funds for this purpose.

Among the several recommendations which Dr. Harlan's draft report contained for a college, Dr. Harlan in his explanation to us and to the Congress of Micronesia stressed numbers 4 and 5: the establishment of a "sister institution" relationship with the University of Hawaii, and the undertaking of a program in Hawaii to research and develop a curriculum that is "relevant to Micronesia's needs" for both the public school system and the College of Micronesia, and to develop the human resources needed to teach the curriculum properly at all educational levels.

As a result of the meeting with Dr. Harlan and the hearing before the Congress of Micronesia Committees, I decided to convene a special meeting of the Micronesia Board of Education. Yesterday evening the Board met with a quorum present to consider Dr. Harlan's report and to decide what action the Board should take on this matter. In this meeting, the Board unanimously approved a motion to present to you, with carbon copies to the leadership of the Congress of Micronesia, the position of the Micronesia Board of Education on Dr. Harlan's draft report.

In formulating its position, the Micronesia Board of Education took note of what was brought out at yesterday's hearing: the original request for construction of facilities which was approved by the Board, and by the Department of Education, the District Directors of Education, the Directors of CCM and MOC, the District Administrators, the District Legislature of Ponape, and the Congress of Micronesia was to build adequate facilities for the Community College of Micronesia. It is not clear to us how this came to be interpreted by the U.S. Congress as a request to build facilities for a four year college.

The Micronesia Board of Education wishes to go on record as taking the following positions concerning the Community College of Micronesia:

1. There is need for a two year college in Micronesia.
2. There is presently a two year college in Micronesia.
3. This college is offering programs relevant to the needs of Micronesia.
4. This college needs adequate facilities.
5. The U.S. Congress should be urged to authorize the funds appropriated to construct such facilities.
6. If such funds are not authorized, we should continue to improve our college to the best of our abilities.

The Board members were surprised to learn at yesterday morning's meeting with Dr. Harlan that he was ignorant of several of the programs presently being offered by CCM. When asked whether he considered CCM's Certificate Program for Itinerant Teachers, the degree program in Special Education, the degree program in Secondary Vocational Teacher Education, for example, to be relevant to the needs of Micronesia, he responded that he could not say because he had not studied them.

If Dr. Harlan does not know whether the programs we now have are relevant to Micronesia, how can he recommend phasing them out in order to go to Hawaii to develop programs which would supposedly be relevant to Micronesia? CCM's programs have been developed in Micronesia, by us, and while we admit that some or even all of them may need improving, we think that they are relevant to our needs. And from the testimony of those whom these programs serve, so do the people of Micronesia.

The Board is not opposed in principle to collaborating with the University of Hawaii to improve our college. In fact such cooperation is not new to the Territory system of Education. CCM's School of Nursing, for example, has twice invited the Dean and staff members of the University of Hawaii's School of Nursing to visit the Territory in order to work on improving our nursing program here. For another example, MOC has invited specialists from the University of Hawaii to come to Palau to

join with the MOC staff in sponsoring summer programs for vocational education teachers, and the Truk Department of Education has done the same thing for curriculum development in vocational education.

But these programs were undertaken in a Micronesian setting and with Micronesian input. While the Board appreciates Dr. Harlan's point that more adequate educational research and resource capabilities obviously are available at the University of Hawaii than at CCM, we are skeptical that adequate Micronesian input is - - especially over the five year development period which he proposes.

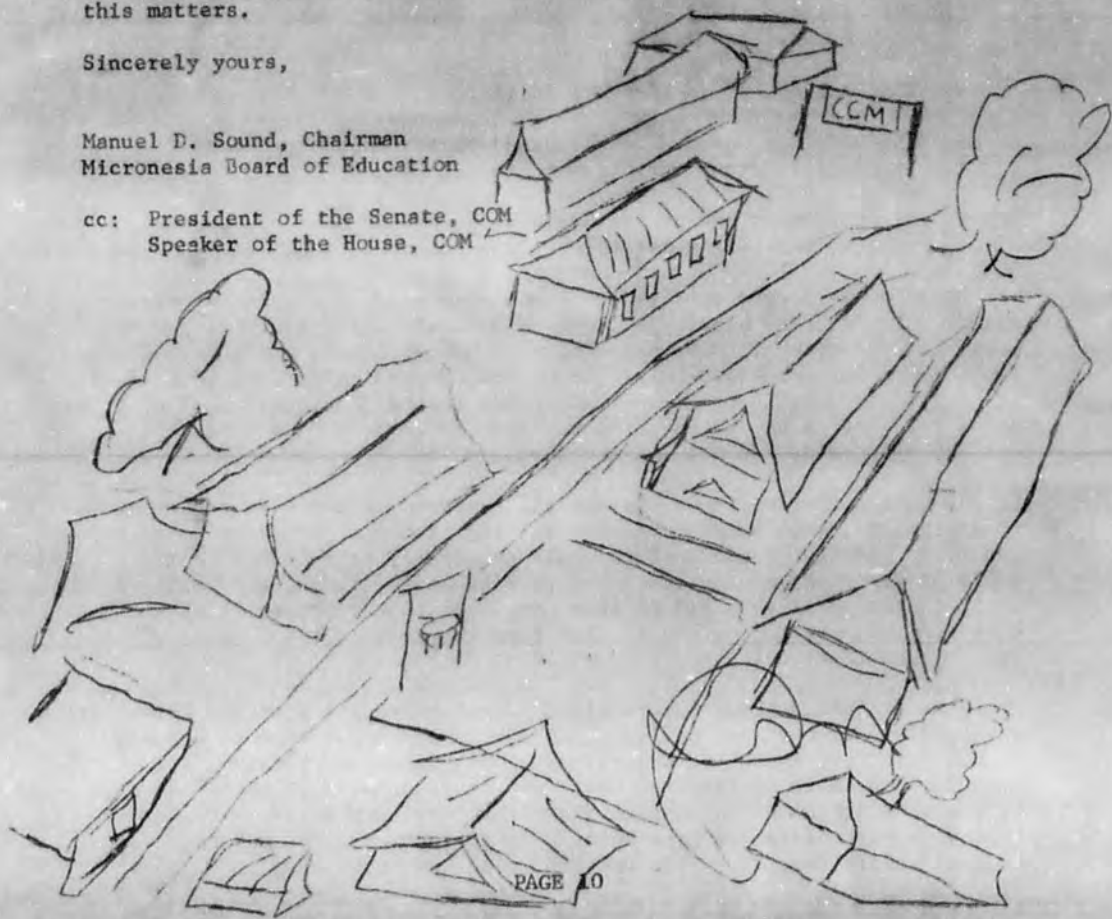
The Micronesia Board of Education has other reservations and indeed disagreements with Dr. Harlan's report, but these can wait for another time if that is necessary. The Board appreciates the energy with which Dr. Harlan undertook this study. We recognize the professional opinion which he has made, and we must obviously respect the decision which he has made in good conscience.

As the body empowered by law to exercise control over the educational system in the Trust Territory, however, we wish to advise you, in accordance with the same law, that we do not agree with Dr. Harlan's opinion that construction of adequate facilities for CCM is of low priority, and therefore should not be funded. The Board further disagrees with Dr. Harlan's recommendation that CCM be phased out in favor of a college program to be developed in Hawaii. We hope that you will convey to the U.S. Congress by whatever means are appropriate our concerns in this matters.

Sincerely yours,

Manuel D. Sound, Chairman  
Micronesia Board of Education

cc: President of the Senate, CCM  
Speaker of the House, CCM

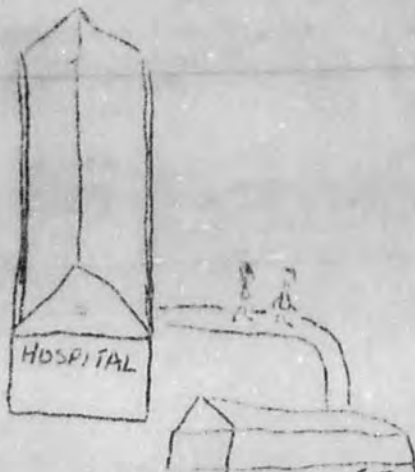


OPINION POLLS

HOW DO YOU FEEL ABOUT THE DEPARTURE OF THE SOPHOMORES AND THE NURSING STUDENTS IN MARCH?

1. Mark: Well, to really tell the truth, I believe that we, the remaining students, will become emaciated after the exodus of the sophomores and the nursing students. But by telepathy, they will still be with us all.
2. Driskell: Well, I feel good about this because we, the remaining students, will get more opportunities to get involved in more of CCM's activities. We will have better work/study opportunities; we will have more food. And, since only few of us will be remaining here at CCM, we'll be very cooperative and respectful to each other.
3. Luke: I will feel very weak. I'll miss some of my slaves and masters. But I don't care as long as we are going to meet again in the future.
4. Semeai: It's extremely bad. Happiness will be gone. Sadness will be everywhere. We have made friends, loved each other, talked to each other, smiled to each other.

Fran Filmed

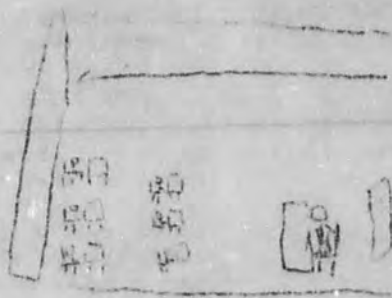


Stokrova PAGE 11

IF THE CCM MOVES TO HAWAII, OR ANY OTHER PLACE OTHER THAN MICRONESIA, ACCORDING TO DR. HARLAN'S REPORT, DO YOU AGREE?

1. Mark: I would say that I'd like this school to be somewhere outside of Micronesia so that more courses would be offered, and maybe the buildings would be much better than the ones we have here, especially the dormitories.
2. Driskell: Well, I don't agree with Dr. Harlan's idea to have CCM moved to Hawaii or somewhere else rather than here in the Micronesian islands. But I want our Administration, staff, and faculty members including the CCM students to concur with some good ideas to improve our school. I believe that if we stand together, then our college will be improved.
3. M.L.: Our CCM is O.K. here in Ponape except that there are other considerations to be taken care of: facilities, maintenance, problems, and many other things.

Fran Filmed



Stokrova

# FUTURE SHACK

## MAY WE KNOW YOUR PLAN WHEN YOU GO BACK HOME?

- Iggy (Yap): Sure! When I'll get back home, I'll drink tuba and eat fish with copra.
- Rosie (Kosrae): When I get home, I'll look for a good job to earn money and also one that would help improve my newly-developed district.
- Rapheal (Marshalls): Well, when I get back home, I'll travel to the outer islands and look for a girl to be my wife.
- Helen (Marshalls): I'll be a housewife and will try my best to make my future husband satisfied with everything I do, as well as to be faithful to him.
- J. Obet (Marshalls): Who knows! I might not return to my island! Wow, Wow! Just joking!
- A. Mers (Palau): In fact, I haven't decided on what job I'll be qualified for so I can't really say the exact thing I'll be doing on my return back home. I know I would like to do some marine-biology research in regard for a better environment of Micronesia. Besides, Micronesia is getting worse (as an American instrument) and we should do something to cease this problem.
- John A. (Kosrae): I'm not so sure about what I'm expecting or longing for. I would rather be an important person in my community than be a vagabond. Actually, I want to try all my best to find a way to help my people. I need to further my education.
- C. Hedson (Fonape): As I have already dreamed, I might become an engineer.
- Peter R. (Yap): I'll chew more betelnuts eat more taro & fish and drink more tuba.
- Johannes (Yap): I will go there and go fishing everyday.
- Keleb Willy (Truk): I will go there and go out fishing on weekends. I'll eat more fish, taro, and breadfruit.
- Benjamin N. (Palau): I'll go back to my island and help my people to become more self-reliant.

Fran Filmed



WHAT'S YOUR OPINION IF CCM ITSELF  
OFFERS VOCATIONAL COURSES?

Robert J: I think it will be a great idea offering vocational courses here at CCM. But always the same problem is, "MONEY." If the Congress of Micronesia can appropriate the funds for the operation, then why not? It is just as simple as that-----money and then operation.

D. Jack : Well according to my opinion, I would strongly support this idea, for a few reasons. First, if there are some vocational courses offered here, there'll be more work/study chores for the students. Second, it would be an opportunity for those who are not interested in Business, Education, Nursing, and Liberal Arts. Third, it wouldn't waste our time going for the vocational schools in the States or even at M.O.C. To conclude my ideas, I would say that I would appreciate so much, if Dentistry would be one of the courses offered here at CCM too.

Weyler T: It was very interesting when I found out that Daro Weital, our former Director, introduced this idea in a broadcast.

ME : Why not? Let's say without vocational courses, this college seems a little bit drowsy. If we, the students, fight for it, I suggest that the C.C.M. instructors as well, realize this situation. In this way, we all fight together! We all should request the C.O.M. to help us out. Don't sway back; let's stand together.

Spaster Tolenoa

ENTERTAINMENT

GUESS WHO

I always like to take a shower before I go to the movies in rooms 6 and 7. Who am I?

They call me Broken Heart. Who are they, and who am I?

He is the handsomest guy on the CCM campus. Who is he?

He never washes his face before he goes to the cafeteria in the morning. Who is he?

She always looks for Nono after 11:30 P.M. during weekends. Who is she?

She was really attracted to the Rainbow band players, especially the American. Who is she?

He couldn't find a partner to dance with during the farewell party. Who is he?

Just imagine, he learned to dance the bump dance during the farewell party at Palm Terrace. Who is he?

He was just walking around stealing somebody else's drinks from the tables. Who is he?

He drank up Lerengof's and Kelep's drinks when they were dancing. Who is he?

He stood up when the band sang "shake, shake, shake." Who is he?

After the farewell party, I went to the dorm. I couldn't find my island-mates, so I continued on my way to the radio room and up to the hill and fought with the banana trees. Who am I?

We are called "parasiters." Who are we?

They always talk about the singers of the Rainbow band. Who are they?

They always go to Marbelina's house asking for food. Who are they?

(CONT. NEXT PAGE)

She wants to marry George M. Who is she?

She always likes to eat "Karindong." Who is she?

He is always running around with sex in his mind. Who is he?

A CCM boy rides George's bike and pretends that it's his uncle's bike. His nickname is "Skinny Tuna Fish." Who is he?

During the CCM farewell party, three Yapese boys met at one house at the same time, but all of them came from a different directions. Who are they?

### LEARN FROM OUR VERNACULAR

English: Let's go to the movies.

Palauan: Doreal mora katsudo.

Yapese: Darow nga kachido.

Ulithian: Sialog kachido.

Chamoro: Nihl para i mobi.

Carolinian: Sia la kachido.

Trukese: Sia no kachito.

Ponapean: Kita kohla kasdo.

Kapingamarangi: Gaa hula gidil lenge.

Kosraen: Kut som nu ke patse a.

NJNY

### RIDDLES ANSWERS (from last month)

1. "D"
2. "M"
3. Ocean
4. Molecules

### RIDDLES

1. You can carve initials on it, store things in it, or watch an elephant take peanuts with it.
2. You can ride in it, but it also shows when you walk; and every typewriter has one.
3. We like to have our high; they frighten us when they're raised from the dead; and some drink them.
4. There is one in every state; and you can seldom start a sentence or a business without it.

### ANSWERS

1. trunk
2. carriage
3. spirit
4. capital

Robert Jackson



TAO  
TEH  
KING *Dris*

Fran Filmed

### VIII

The best way to conduct oneself may be observed in the behavior of water.

Water is useful to every living thing, yet it does not demand pay in return for its services; it does not even require that it be recognized, esteemed, or appreciated for its benefits.

This illustrates how intelligent behavior so closely approximates the behavior of Nature itself.

If experience teaches that houses should be built close to the ground,

That friendship should be based upon sympathy and good will,

That good government employs peaceful, means of regulation,

That business is more successful if it employ efficient methods,

That wise behavior adapts itself appropriately to the particular circumstances,

All this is because these are the easiest ways.

If one proceeds naturally, without ambition or envy, every thing works out for the best.

### IX

Going to extremes is never best.

For if you make a blade too sharp, it will become dull too quickly.

And if you hoard all the wealth, you are bound to be attacked.

If you become proud and arrogant regarding your good fortune, you will naturally beget enemies who jealously despise you.

The way to success is this: having achieved your goal, be satisfied not to go further.

For this is the way Nature operates.

#### X

If you would retain a wholesome personality, must you not restrain your lower interests from dominating over your higher interests?

If you wish to live healthily, should you not breathe naturally, like a child and not hold your breath until your vitality is nearly exhausted?

If you desire to realize the potentialities of your indescribable original nature, how can you insist that some selected aspect of your personality is really superior to that original nature?

If you are required to govern others, ought you not be able to guide them by example, rather than by forcing your will upon them?

If Nature's way is a joint process of initiation and completion, sowing and reaping, producing and consuming, can you rightly demand that you deserve always to play the role of the consumer?

If you desire to know the natures of the various kinds of things, must you meddle with them, experiment with them, try to change them, in order to find out?

Nature procreates all things and then devotes itself to caring for them.

Just as parents give birth to children without keeping them as slaves.

It willingly gives life, without first asking whether the creatures will repay for its services.

It provides a pattern to follow, without requiring anyone to follow it.

This is the secret of intelligent activity.

#### XI

Every positive factor involves its negative or opposing factor; for example:

In order to turn a wheel, although thirty spokes must revolve, the axle must remain motionless; so both the moving and the non-moving are needed to produce revolution.

In order to mold a vase, although we must establish solid walls, we must also provide doors and windows; so both the impenetrable and penetrable are essential to a useful building.

Therefore, we profit equally by the positive and the negative ingredients in each situation.

#### XII

Interest in the varieties of color divers the eye from regarding the thing which is colored.

Attention to the differences between sounds distracts the ear from consideration for the source of the sounds.

Desire for enjoyment of the various flavors misdirects the appetite from seeking foods which are truly nourishing.

Excessive devotion to chasing about and pursuing things agitates the mind with insane excitement.

Greed for riches ensnares one's efforts to pursue his healthier motives.

The intelligent man is concerned about his genuine needs and avoids being confused by dazzling appearances.

He wisely distinguishes the one from the other.

Lao Tzu

#### I WONDER WHY

I wonder why Kelep got mad during the farewell party.

I wonder why all the CCM girls frown at Debbie after the farewell party.

I wonder why the "Uncivilized" team always lost their games.

I wonder why some girls did not have drinks at the farewell party.

I wonder why some boys brought tape-recorders with them to the farewell party at the Palm Terrace.

I wonder why the players on the "Uncivilized" team pat the volleyball.

I wonder why Debbie needs a bodyguard nowadays.

I wonder why Brocula and Mary Dorang wanted to spank Debbie Sunday morning after the farewell party.

I wonder why Brocula was always singing the song, "Country Road, Take me Home" during her sleep.

I wonder why people are now walking around with three shakes (shake, shake, shake).

I wonder why Stu stared at me when he heard the words, "shake, shake, shake."

I wonder why Sepe T. never watches a movie during weekends.

I wonder why Lucy L. ran back to the dorm in the middle of the party.

I wonder why Paulus Tsuneo is staying off campus.

I wonder why Tom B. is grooming a beard and never talks in the Adolescent Psychology class, and always stays beside Peter Kuwot.

I wonder why Andiana M. is really interested in the Adolescent Psychology class.

I wonder why Robert Carlos always comes late to Stu Arno's class.

I wonder why everybody said the "Uncivilized" team is the partner of "Lions" team.

I wonder why the CCM work-study pay checks come out late.

I wonder why some CCM students are walking around with swollen eyes.

I wonder why CCM students always go swimming every Sunday.

MJNY

JAWS DIET  
NO SMALL SIN

There is such a thing in the world as a great sin, but there is no such thing as a small sin. The smallest sin is a fall from God, and to fall from God is to fall the greatest height in the universe.

IT DOESN'T HURT GOOD

Shakespeare may have said, "Parting is such sweet sorrow," but it isn't necessarily so. It seems there's more "sorrow" than "sweet" when good friends leave.

ANXIETY

Historians of the future may label this present time "The Age of Anxiety." Although in some ways we have less to worry about than previous generations, we seem to do more worrying. Although we have less cause for anxiety, we are more anxious. Calloused hands were the badge of the pioneer, while furrowed brows are the insignia of modern man.

The pioneers complained that they were "run down" from physical exhaustion, but the trouble with us is that we are "wound up" from hypertension. Much of this is due to a shift of emphasis. A century ago man's chief concern was his temporal affairs. Vast numbers of people actually believe that if we give men enough food, shelter, clothing, education, and recreational facilities, then we will have reached Utopia.

Psychoanalyst Erich Fromm asserts that modern living turns men into anxious, loveless shadows. He says: "Most people believe that their society of consumption...happy, fun-loving, jet-travelling people creates the greatest happiness for the greatest number. Contrary to this view, I believe that our present life leads to anxiety, helplessness, and eventually to the disintegration of our culture. Could it be that our dream that material welfare per se leads to happiness is just a pipe dream?"

MAN'S ATTEMPTS TO CHANGE HIMSELF

At present, man is experimenting in what are called the behavioral sciences, including anthropology, psychology, and sociology, in order to discover the laws of human behavior. The trouble with these experiments is that they ignore the fact of human sin. According to the new sciences, sin is largely imaginary. Man is the product of his environment. He's the happy or unhappy product of a combination of genes and chromosomes. In this pseudoscientific sentimentality, a juvenile delinquent is merely underprivileged and a robber is simply maladjusted. In this philosophy we abandon the idea of sin and individual responsibility and blame everything but the offender. Therefore we have nothing to cure but man's environment in terms of bad housing, slums, poverty, unemployment, and racial discrimination.

## SPECIAL ANNOUNCEMENTS

Then there is man's attempt to change himself by chemistry. Scientists at present are deeply involved in the control of behavior by pharmacological agents. We are on the verge of vast development of drugs to control man's behavior. At first these drugs will be used only in mental illness, but there always lurks the possibility that world dictators may use them to control entire segments of society. These are the drugs "that shape man's mind" for "which new devices scientists are finding out how to manipulate your emotions, your thoughts, and your behavior." These drugs "change minds, alter sensations, perceptions, moods, desires, ways of thinking, and acting."

Professor B.F. Skinner of Harvard University said: "We are entering the age of the chemical control of human behavior. The motivational and emotional conditions of normal daily life probably will be maintained in any desired state through the use of drugs." At best, however, such drugs will provide only temporary changes either for better or worse depending upon nature of the administrator, with probable permanent damage to the brain!

### SUGGESTIONS FOR CHRISTIAN GROWTH

Spiritual growth results from trusting Jesus Christ. "The righteous man shall live by faith" (Galatians 3:11). A life of faith will enable you to trust God increasingly with every detail of your life, and to practice the following:

- G Go to God in prayer daily (John 15:7).
- R Read God's word daily (Acts 17:11).
- O Obey God, moment by moment (John 14:21).
- W Witness for Christ by your life and words (Matthew 4:19).
- T Trust God for every detail of your life (I Peter 5:7).
- H Holy Spirit--allow him to control and empower your daily life and witness (Galatians 5:16,17; Acts 1:8).

1. Roads in Micronesia are, when it is wet season, muddy, and when it is dry season, dusty and bumpy.
2. The vending machines that are scattered in Kolonia are not vending machines at all, but deceivers. They fool more than they serve people.
3. This town of Kolonia is full of litter bugs. Wherever you go, you see them. Remember, being a litter bug means that you are hurting yourself, your people, and your community. So put whatever is trash in a proper place, but not on the roads, please!
4. The fastest way to clear off an area for farming is to burn it, but don't do it. It releases soil food for plants.
5. Parents, the most important thing to be kept in your mind is Safety and "small kids controllism."
6. THE CAROLINES OBSERVER,-----published every other Friday in Kolonia, Yap: Subscription rate is \$10 per year. Write P.O. Box 399, Kolonia, Yap 96943.

Fran Pined

### DEPARTURE OF THE STUDENT TEACHERS

7. All student-teachers are scheduled to depart Ponape on the following date: students from the outer districts are going to depart on the 25th of March. Those students from the Marshalls will depart Ponape on Saturday, March 26. Kosraen student-teachers will be informed later. Due to the transportation problem between Ponape and Kosrae, you may depart before or after Friday, March 25.

All tickets and passes will be given to you on the day you're leaving.

I wish you all good luck!

John Alik



Primer Enicar  
(Submitted by MJ)

(CONT.)

8. MR. YOUNG DESIGNATION TO BE CCM ACT-DIRECTOR

Last Wednesday, Feb. 23, 1977, Mr. Fred Young and the CCM Acting Director, Mr. Perkins left to Saipan for a special meeting.

There, Mr. Perkins was reassigned to Saipan and Mr. Fred Young was redesignated as the Acting Director of CCM. This became effective 2/25/77.

Robert Jackson

9. PONAPE WATER SHORTAGE

Effective Wednesday, Feb. 23, 1977, all Ponapean water outlets were cut off from 9:30 P.M. to 5:30 A.M.

This was due to the shortage of water. In the past two weeks, there has been ample rainfall. So, be wise when using your water.

Robert Jackson

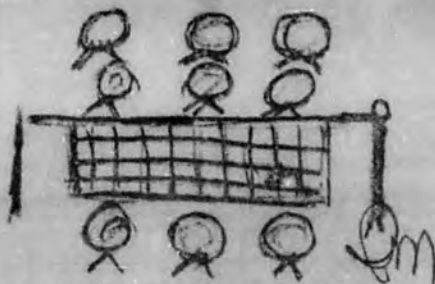
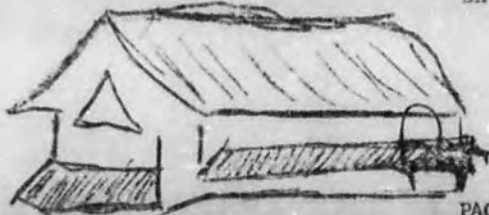
10. FUNERAL

Saturday, February 23, 1977, a sad occurrence took place in the Augustin's family in Sokehs Municipality. Mr. Ferdinand Augustin passed away in a sudden and surprising way. It was one of those deaths that people always talk about.

So surprising was the death of this kind man! He had just come up from Kittu because there was going to be a feast in Ipwal, Saturday, administered by one of his sons. He had some chest pains late that Friday night, walked to the hospital, and peacefully passed on.

Everything prepared for the big feast was turned over to the funeral. There were plenty of yams, Ponapean saka, and many people, too. They came from all the municipalities. The work of the funeral ended Sunday afternoon, and everybody left with a sad memory.

BH



GIRLS VOLLEYBALL TOURNAMENT

Two ladies teams competed March 1/77 in volleyball. They were the "Micronesians" and the "Uncivilized." They had a good time. At the very beginning, the "Micros" were leading by three points. Soon thereafter the game had tightened up to 5 to 3. The game was getting heated. Neither team wanted to lose. On and on, the game raged.

A long moment afterward, I looked back to see the score, and I found out that the "Micros" were still leading. The game was so exciting that at the end I forgot to check the score, but I knew that the "Micros" were the winners because some members of the "Uncivilized" team were frowning at the end of the competition. The games were quite fun and interesting. Yeah!

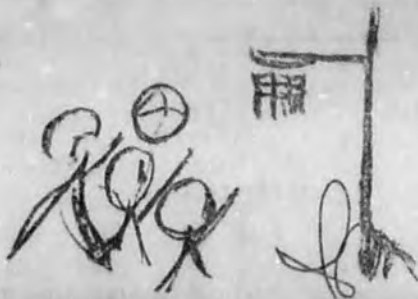
Spaster Toleno

BASKETBALL

The top players from the Community College of Micronesia left for P.A.T.S. on Friday, February 2, for a basketball tournament.

The first game began at 10 A.M. on Saturday and PATS won over CCM by the score of 40-18. The second one was at 3 P.M. and this time CCM tried harder and scored little bit more, but PATS won again by the score of 40-36. There was no final.

Fran Filmed



### TRI-MEET

From the Sports department, there will be a tri-meet this year, just as usual, between PATS, PICS, and CCM. One thing to note is that each year brings new techniques, ideas, and friendships. Therefore, I hope this year's tournament will be a very exciting one. So be there to cheer the teams up and see what the outcome will be.

Here's the schedule of the games to take place on March 18, 19, and 20:

<u>Friday, March 18</u>	<u>Sports</u>	<u>Teams</u>	<u>Place</u>
8:30 A.M.	Basketball	PATS-PICS	Spanish Ballpark
10:00 A.M.	Volleyball	PICS-CCM	Spanish Ballpark
3:00 P.M.	Volleyball	PATS-PICS	Spanish Ballpark
4:00 P.M.	Basketball	CCM-PICS	Spanish Ballpark
7:30 P.M.	Table Tennis	CCM-PATS-PICS	TO BE ANNOUNCED
<u>Saturday, March 19</u>	<u>Sports</u>	<u>Teams</u>	<u>Place</u>
8:30 A.M.	Softball	PATS-PICS	Main Field
10:30 A.M.	Volleyball	PATS-CCM	Spanish Ballpark
2:00 P.M.	Softball	PICS-CCM	Main Field
4:00 P.M.	Basketball	PATS-CCM	Spanish Ballpark
<u>Sunday, March 20</u>	<u>Sports</u>	<u>Teams</u>	<u>Place</u>
9:30 A.M.	Softball	PATS-CCM	Main Field

Here's also the standings of the Girls Volleyball Tournament:

Dynamite - 3-2  
Ichibiki - 4-1  
Uncivilized - 0-5  
Micronesians - 3-2

This is the result of the girl's volleyball as of last week as stated by Mr. Young. Playoffs and championship game will be held next week, since he'll be off for Saipan this week.

Editors note! Ichibiki were the champions!

### COMMUNITY NEWS

#### SUMMARY

## PONAPE COMMUNITY ASSOC.

The following are the Association's anticipated directions and nothing herein shall be construed as being contrary to the Code of the Trust Territory of the Pacific Islands, Ponape District Laws, Municipal Ordinances now in force or that which may hereafter promulgated, Orders and/or Statements of Policy by the High Commissioner and/or the District Administrator.

#### ARTICLE I - NAME

This Organization shall be known as the "PONAPE COMMUNITY ASSOCIATION."

#### ARTICLE II - Type of Organization

A loose umbrella type of organization to cover many varied activities and not limited to those listed herein.

### ARTICLE III - Purposes/Objectives

The fundamental purposes and objectives of this Association are to promote Social Development by bringing about a closer Community togetherness and to provide recreational activities for its members and immediate families and guests, without any distinction based on nationality or creed. Objectives include but are not limited to: promoting activities for the benefit of children and hospital patients during Christmas times; raising funds for youth and other community projects such as parks, beach, town beautification and others; recreational promotion for Association Members, families and guests such as but not limited to various indoor games, parties, picnics, movies, diving, boating, water skiing, boat races, ball games, tennis, drama, dancing lessons for the children and others; promoting women's activities like sewing, cooking, and others as may be desired; promoting welcoming of incoming and visiting officials from the United Nations, U.S. Congress, officials from Washington and other Districts or Countries as may be appropriate to further the objectives of the Association.

### ARTICLE IV - Membership

Ponape residents with good community reputation regardless of nationality or creed, together with members of their immediate families, shall be eligible for membership, and upon being accepted, shall join the Association by paying fees as will be established.

### ARTICLE V - Initiation Fee and Monthly Dues

Low initiation and monthly dues so that as many people as possible can afford to join. Such fees shall be determined by majority vote on a general membership meeting.

### ARTICLE VI - Membership Committee

The elected Officers of the Association shall appoint a "MEMBERSHIP COMMITTEE" who will decide by majority vote, each new member to be admitted to the Association, subject to appeal to the Board of Directors in accordance with the provisions of the Association's By-Laws; provided that neither the Membership Committee nor the Board of Directors, in acting on applications for membership shall make any distinction based on creed or nationality. In the case where an application has been rejected, the Membership Committee shall show by written statement why any candidate and his immediate family were not accepted.

### ARTICLE VII - Adult Membership/Voting Rights

Only adult members with valid standing shall be entitled to vote. No member shall be permitted to vote by proxy. Adult members shall be considered as those 16-years of age and above.

### ARTICLE VIII - Suspension or Removal

Any Member whose Association Bills are past due in excess of sixty (60) days after receipt of bill therefore may be suspended or dropped from the Association. Any person who is guilty of serious misconduct at any of Association's functions, or behaves in such a way as to unduly interfere with the enjoyment of any of the Association facility or activity by another Member, may be suspended or dropped from the Association, by action of Board of Directors.

(CONT. NEXT PAGE)

#### ARTICLE IX - Appeal Rights

Any person who has been rejected for membership, or any Member who has been suspended or terminated may appeal his case to the Board of Directors and will be given the opportunity to be heard. Any person who has been dropped from membership for reason of non-payment of bills may be allowed to reapply and may be readmitted, provided that he brings all bills up-to-date before rejoining the Association. Any person found guilty of serious misconduct after he/she made his/her appeal may not be readmitted to the Association.

#### ARTICLE X - Officers/Board of Directors

The Association's Officers or Board of Directors shall composed of the PRESIDENT, VICE-PRESIDENT, SECRETARY, TREASURER, and two (2) MEMBERS AT LARGE. All Officers of the Association shall be elected by the Members at the regular Association meeting. Each elected Officer shall serve a term of one year. Nomination of Officers for voting may be made from the floor and/or by a Nomination Committee appointed by the President. Each Officer shall, subject to the By-Laws, perform the duties usually indicated by the title of his Office, and after expiration of his term, shall continue to serve until his/her successor takes Office if there is a delay in his taking Office.

The Board of Directors shall have charge of carrying-out all the routine business of the Association in accordance with the policies adopted by the Members. It may appoint Committees for carrying out functions and may authorize expenditures for parties and other activities, or purchase of items which the Board of Directors believe to be in the best interest of the Association. However, expenditures in excess of \$350.00 must meet the approval of the majority of members present at a meeting.

#### ARTICLE XI - Meetings

Unless otherwise specified by vote of the Association or Board of Directors, meetings of the Association shall be held once a month. Additional Association meetings can be called at the discretion of the Board of Directors or on written request by twelve (12) of the Members entitled to vote. Notice of any meeting shall be posted at least five (5) days in advance.

#### ARTICLE XII - Quorum

Twelve (12) Members present for any meeting shall constitute a quorum. A 2/3 vote of Members present at any meeting shall constitute a majority.

#### ARTICLE XIII - Guests

Guests are permitted in any of the Association's functions provided however, that:

- (1). No Member shall bring more than six (6) guests at any one time.
- (2). Each accompanying Member shall be responsible for all actions of his/her guest.
- (3). Each Member must accompany his/her guest.
- (4). Each guest must pay fifty percent (50%) higher than any Member for anything that each Member is entitled to, i.e., if a Member is required to pay \$1.00 to enter an Association party, the guest must pay \$1.50.... If drinks are being sold for \$1.00 to a Member, each guest must pay \$1.50 with the excess payment of a guest going to the Association's Treasury.
- (5). Any Club Officer may question a guest the identity of his host.

The ASSOCIATION'S BY-LAWS must be approved by a 2/3 vote of the Members present at the general meeting held to establish such By-Laws. Amendments as time goes by may be made but Amendments must be approved in the same manner.

## HEALTH

### INTRODUCING THE BABY TO SUPPLEMENTARY FOODS:

Usually mothers know very well how to introduce new foods, which present no problem if they are properly selected and properly prepared. We should not over-emphasize such problems. But occasionally the following information may be useful.

1. Give half a teaspoon of the prepared new food on the first occasion.
2. Give the new food before breast or bottle feeding.
3. The second trial of the new food would be given a day or so later and the quantity increased to one teaspoonful.
4. The amount and the variety of new foods should be increased slowly until the child shows he likes the new foods and has become accustomed to their flavor and consistency.
5. New foods should be introduced one at a time, waiting several days before another is added.
6. Once the child has acquired a taste for a new food, it should be given fairly frequently so that the liking for the food is not lost.

### \*\*\* SYMPTOMS OF A HEART ATTACK \*\*

If you were having a heart attack right now, would you know it? One reason so many Americans die from Heart Attacks says the American Heart Association, is the failure to recognize symptoms and seek help in time. Of 600,000 deaths annually more than half occur before the patient reaches the hospital.

Learn to spot the warning signals. Look for them in others, too, for the decision to obtain help, suggests the AHA (American Heart Association), should not be left to the patient's judgement alone. It is also the responsibility of the wife, husband, relative, or friend.

Symptoms vary, but the usual warning of heart attack includes prolonged, oppressive pain or unusual discomfort in the center of the chest, behind the breastbone. Pain may radiate to the shoulder, arm, neck or jaw. Often the pain or discomfort is accompanied by sweating. Nausea, vomiting and shortness of breath may also occur.

Sometimes these symptoms subside and then return. Don't wait. Act immediately. See the doctor right away and carefully describe your symptoms. He's the only one who can accurately diagnose your case and offers you proper help.

### PREVENTION IS BEST---BUT FIRST-AID FOR BURNS IS VITAL

Burns are among the most common and most preventable of all domestic accidents. If extensive they can be a danger to life; if deep they take many weeks to heal. They often cause unsightly and permanent scars.

Unfortunately most of them happen to curious young children who are quite unaware of the dangers of their environment. They are too young to understand what "hot" is and often they are left to find out the hard way.

The largest numbers of burns are sustained when babies or toddlers pull or spill a hot water Jug or Pot down upon themselves quite innocently. The result is a scald of greater or less extent, often down the face on to the shoulder and

arms, or chest down to lower extremities, depending on the elevation where the hot water spilled from. The exposed skin cools quickly and this usually heals in about 10 - 14 days. Where heat has stayed in clothing or in the folds of the neck the burn will be deepened and take longer to heal.

Sometimes these areas need skin grafts to heal and may also require subsequent operations to relieve deformities caused by shrinkage of scar tissue. All of the areas of deepest burning will leave permanent scars.

This sequence of events is the key to effective first-aid treatment. If immediately after a burn of scald the clothing is removed and the area is cooled-off with cold water, preferably running cold water, the depth of burning is impressively reduced.

Permanent scars are the source of much anguish on the part of the patient and his or her relatives. Older children become progressively self-conscious and may quite feel resentful. Parents are quite often reminded of their guilt by the scars and sometimes one parent may place blame on the other for the accident and the scars become a source of family friction. These parents have thoroughly learned their lesson the hard way.

All sources of hot water such as Jugs or Pots must be kept in such a place where children could not reach them. The ideal place is behind a bench or table where children are not able to reach. Cups of hot liquid must also be watched at all times when there are young children about the house.

And remember, not only hot liquid can cause burns. A hot flaming fire can also do the job, and when it does, it often leaves more deep and disastrous results. So likewise, all matches and lighters must be kept well away from children. When there are fires around the house they must also be watched and closely supervised at all times.

To more effectively reduce the extent of burns or the scars, adults should learn to know and how to apply the following recommended first-aid treatment for burns.

#### "WHAT TO DO FOR BURNS"

##### DON'T PANIC BUT COOL IT:

Immediate treatment by cooling the burned area is the only thing which can reduce the damage at all. Cold running water is best of all and it can be applied to all burns, large or small, and regardless of whether they have been caused by flames or scalding fluids.

Flames of course must be smothered first and clothing can, and should, be removed before, during or after the cooling. Don't waste any time but get the heat out as effectively as possible, and continue cooling for 10 to 20 minutes.

Then and only then it becomes important to arrange an Ambulance or take the patient to a doctor or to hospital.

Don't worry about any skin peeling with the clothes or under the water treatment, as this skin is dead and will come off any way. Don't try to remove charred or sticky material once you have cooled the burn. The hospital will deal with it.

Results in reducing the depth and extent of burns by this simple method of treatment has been said to be absolutely fantastic and unbelievable. So don't forget this urging message if burns should occur. "Cold water-plenty of it and the sooner the better."